



# HIGH-RISE to HIGH-RISE

June 2022

**For Emergency Maintenance:  
Call: 608-780-5727**

**Locked-Out?** If you are locked out of your apartment, please be aware that staff is required to confirm you are the resident of the unit prior to unlocking the door. A photo ID is the best means of proof. Please understand this is for everyone's safety.

## COVID-19 Update

### Recommended Actions

Stay **up-to-date** with COVID-19 vaccines. Get tested if you have symptoms. Wear a mask if you have symptoms, a positive test, or exposure to someone with COVID-19. Wear a mask on public transportation. You may choose to wear a mask at any time as an additional precaution to protect yourself and others. If you are at high risk for severe illness, **consider wearing a mask indoors in public** and taking additional precautions ([How to Protect Yourself & Others | CDC](#)).

Due to the current COVID-19 transmission in our community, upcoming spring events, and indoor gatherings, community members are reminded to use properly fitting, high-quality masks when visiting the elderly and those at a high risk for severe illness. High-quality masks are **NOT** cloth masks, but include N95 (best), KN95, or surgical type masks. A well-fitting mask that consistently covers the nose, mouth, and chin is most important.

It is encouraged to wear a well-fitting mask when interacting indoors with vulnerable persons who are from outside your household. Car, bus, or shuttle trips, singing inside with others, and indoor visits are examples of when masking precautions are advised with these individuals.

**Vaccines** are available at: the La Crosse County Health Department (call 608-785-9872), many local pharmacies (call first), or through your healthcare provider.

**COVID-19 testing** is available at: area Walgreens stores, Mayo Clinic Health System (call 608-392-7390), or through Gundersen Health System (call 608-775-4465).

*The above update is from the La Crosse County Health Department.*

**Flag Day  
(Tuesday, June 14th)**



## OFFICE CLOSED (Staff Training)

Due to staff training the Housing Authority Office will be CLOSED May 31 and June 2. If you need emergency maintenance, please call the after-hours line at 608-780-5727.

## Re-Evaluation Process for Solberg Heights

Due to the current pandemic, your annual recertification will be conducted via mail/drop off. A recertification envelope will be delivered to you the 1st week of June. Included in this envelope are all necessary forms, prefilled & highlighted as to where you need to sign and/or complete. Please complete all attached forms and return along with all documentation previously required (proof of income, most recent savings/checking statements, over the counter medication with doctor's note, pet vaccination/city license, etc.) A more detailed listing is on the backside of the letter. Please return to the recertification bin located in the lobby of your building no later than June 10, 2022. If you fail to complete by this date, please be advised that this is your notification that your rent will increase to \$724.00 per month effective September 1, 2022. Please provide verifications which will enable us to calculate your correct level of assistance. The recertification bin will be placed in the lobby around the 1st week of June.

**\*\*The recertification bin (large gray bin) will be in the lobby Monday-Friday from 7:15am-3:15pm.\*\***

If you have any questions, please contact Nicole Hebel at (608) 782-2264 extension 225.

If you are 62 years of age or older or a person with disabilities and require special assistance to complete your annual reexamination, please contact your housing specialist, and arrangements will be made to accommodate your needs.



**Father's Day!  
(Sunday, June 19th)**

## The Housing Authority Office Continues to be CLOSED

Business continues to be conducted via phone, email, drop box and by APPOINTMENT.

Phone: 608.782.2264

Fax: 608.782.2262

Address: 1307 Badger Street

Website: [www.lacrossehousing.org](http://www.lacrossehousing.org)

# Farmers Market Vouchers Arriving

The Senior Farmers Market Nutrition Program (SFMNP), coordinated locally by the Aging and Disability Resource Center (ADRC) of La Crosse County, provides low-income seniors with vouchers to purchase fresh, nutritious, locally grown fruits, vegetables and herbs from participating farmers' markets, roadside stands and community supported agriculture (CSA) programs. This year, SFMNP will be conducted by mail, email, in person or fax on a first come, first served basis. La Crosse County residents may request an application by calling the ADRC of La Crosse County at 608-785-5700 or visiting the ADRC of La Crosse County website at [www.lacrossecounty.org/adrc/meals](http://www.lacrossecounty.org/adrc/meals) for additional options.

### Eligible applicants must:

- Live in La Crosse County
- Be 60 years of age or older (Or if Native American, 55 years of age or older)
- Be considered low-income (at or below 185% of the federal poverty guideline)
  - o Household size 1- \$25,142/yr.
  - o Household size 2- \$33,874/yr.
  - o Household size 3- \$42,606/yr.
  - o Household size 4- \$51,338/yr.

One set of vouchers (\$25.00 is allowed per household), not per person. A limited number of vouchers are available; therefore, completed applications will be processed in the order received.

**Due to paper shortages, we will mail the vouchers after June 1 or when the vouchers are received at the ADRC of La Crosse County.** For more information, call the ADRC of La Crosse County at 608-785-5700 during the hours of 8:00am and 4:30pm Monday through Friday.

## Park Boutique

**Stylist:** Gloria Nordstrom 608-784-0951

**Park Boutique** is open Tuesdays and Fridays.

Several changes have been made due to COVID-19:

- \*MASK recommended for those not fully vaccinated.
- \*Appointments and Walk-ins Welcome.
- \*Additional Cleaning and Disinfecting Protocols.
- \*Only Stylist and Two Clients in the Salon at a Time.
- \*Social Distancing Practices Must Be Followed.

*If Gloria does not answer when you call, please leave her a detailed message including your name and phone number so she can call you back. Dial 105 on phone system in the vestibule to be let in.*

## Summer Begins! Tuesday, June 21st



MASKS are OPTIONAL for all on public transportation.

Normal schedule and boarding through the front door of the bus.



The Hunger Task Force is overseeing the sign up and delivery of the **State of Wisconsin "Stockbox"**: For those who signed up for a "Stockbox", the Hunger Task Force will be delivering your box to your apartment on June 22, 2022 (4th Wednesday of each month). You must show ID and sign for your box. The Hunger Task Force may call up to your apartment to be let in so please buzz them in.

### Estimated delivery time at all seven high-rises:

- 10:00am-11:00am- Becker Plaza and Sauber Manor
- 10:30am-11:30am- Stoffel Court and Forest Park
- 11:00am-12:00pm- Solberg Heights and Ping Manor
- 11:30am-12:30pm- Stokke Tower

If you are 60 years of age or older your monthly income must fall below these levels: 1 person- \$1,396 or 2 persons- \$1,888. Call to sign up at **608-793-1002**.

**Due to COVID-19 please remember the importance of SOCIAL DISTANCING, & MASK recommended for everyone (vaccinated and unvaccinated).**

## Community Garden:

The Hunger Task Force has invited residents from our high-rises to receive free vegetables from their garden. On Mondays and Thursdays from 3:00 pm-5:00 pm and Saturdays from 10:00 am-12:00pm residents are welcome to help harvest vegetables. You will be one of the first in line to receive some vegetables for assisting.

Those residents who are not able to help assist with harvesting may come pick up vegetables that have been harvested on Mondays and Thursdays at 5:00pm and Saturdays at 12:00pm.

The garden is located on the corner of Kane and St. Cloud on the north side of La Crosse close to Goose Green Park. If you have any questions about the garden, feel free to call the **Hunger Task Force Office at 608-793-1002 or Cell Phone at 608-386-3319**.

**If you are willing and able, they sure could use help harvesting.**

## Welcoming our Newest Residents:

Karen Walchak - Ping Manor

Scott Betts - Ping Manor

Katie Netteshiem - Sauber Manor

Steven Kelly - Stoffel Court

(These are the residents who chose to be acknowledged.)



Patrons may receive 2 complete food packages per month through June 2022. Accounts must be up-to-date and current.

## Mobile Food Pantry

CHANGES DUE TO NATIONAL HEALTH CRISIS (COVID-19):

Everyone in each of the high-rises qualifies for this free service. You will need to wait in line. Please remember social distancing, and we encourage everyone to wear a face covering. No one will be entering the WAFER Mobile at this time. You will be receiving pre-packaged food boxes. These packages will include a box of dry goods and bags of dairy, produce, bread, and meats. There will be staff and volunteers to help lift items into carts. Residents can use the building shopping carts to bring items up to their apartment; however, please clean and return the cart immediately for the next person to use. PLEASE be patient, kind, and respectful of others while waiting your turn. OPEN TO ALL RESIDENTS .

### Forest Park

June 1, from 9:00am-11:00am (1st Wednesday) - Back of Building

### Solberg Heights

June 8, from 9:00am-11:00am (2nd Wednesday) - Front of Building

### Becker Plaza

June 14 from 9:00am-11:00am (2nd Tuesday) - Front of Building

### Sauber Manor

June 15, from 9:00am-11:00am (3rd Wednesday) - Front of Building

The Mobile Pantry stays the full two hours so do not feel you need to get down there right away.

They will have plenty of food for everyone.

### Ping Manor

June 16, from 9:00am-11:00am (3rd Thursday) - Front of Building

### Stokke Tower

June 21, from 9:00am-11:00am (3rd Tuesday) - Front of Building

### Stoffel Court

June 28, from 9:00am-11:00am (4th Tuesday) - Front of Building

## Senior Share Box Deliveries

CHANGE DUE TO NATIONAL HEALTH

CRISIS (COVID-19): Resident Services will deliver the Senior Share Box due to the concerns and risks of the potential exposure to COVID-19. We are trying to avoid large groups gathering in the common areas.

In order to qualify you must be at least 60 years of age with your income under \$3,398 per month for one person or \$4,578 for two people. If you qualify and are interested in signing up, call the Housing Authority Office at 782-2264-dial ext. 237 for Stephanie Moran or ext. 235 for Fawn King, and we can get you an application. You can also apply at WAFER Food Pantry which is located at 403 Causeway Boulevard or ask for one when the Mobile Pantry is at your building.

## Food Fair

Saturday, June 25, from 10:00am-12:00pm at 403 Causeway Boulevard.

Feel free to check their website for the most current information and building updates: [waferlacrosse.org](http://waferlacrosse.org)  
Projected opening of new location is Spring 2023.

## Lawn Maintenance

Residents, if your parking lot borders areas where the maintenance staff must mow the grass, please park your vehicle so that the area can be mowed completely. Be careful not to park the front of your vehicle so that it overhangs the lawn because the maintenance men will not be able to do a thorough job.

*Thank you for your cooperation.*

## Living Word Christian Church

### In-Person LIFE GROUP

Tuesday, June 21, 2022 (3rd Tuesday) at 2:00pm

Ping Manor (Community Room)

Host: Tracy B.

Are you feeling isolated and controlled by a loved one?

Do you feel like no one will understand?

Help is available - Free and Confidential  
(608) 791-2600

Any time, any day. Someone is here to listen.



advocating against domestic & sexual abuse

## IMPORTANT REMINDER FOR ALL when calling the Housing Authority Office

If your call is URGENT and DURING BUSINESS HOURS, please call our receptionist at 782-2264 ext. 221. Please refrain from calling and leaving messages with staff members. Staff might be away from their desk the majority of the day and might not get your message until the next business day.

## Great Rivers 2-1-1 Get Connected. Get Help.

Great Rivers 2-1-1 offers free, confidential community information and referrals 24 hours/day. Dial 2-1-1 or (800) 362-8255 to talk to an information and referral specialist. We also offer a Crisis Hotline 24/7. Dial 2-1-1 or (800) 362-8255 to talk to a crisis specialist.

2-1-1