



# HIGH-RISE to HIGH-RISE

## September 2022

### Re-Evaluation Process for Forest Park

The Department of Housing & Urban Development (HUD) requires that we review your income and household composition every year to determine if you are still eligible to receive assistance paying your rent.

Because our office is closed to in-person contact due to COVID-19, the procedures for completing your annual reexamination will be conducted differently. A recertification packet will be slid under your door on September 1, 2022. Please complete all paperwork enclosed in the envelope. You will need to return the paperwork along with your third-party verification of income and allowable expenses, all of which are listed below, as well as on the letter. A drop box will be installed in your building beginning the week of September 1 and will remain there until September 9 for the return of the paperwork. Failure to comply with annual recertification procedures will result in your rent being increased to the market rent effective December 1, 2022.

#### ANNUAL RECERTIFICATION CHECKLIST

- **THE ENCLOSED QUESTIONNAIRE:** Don't forget to sign & date the completed questionnaire.
- **RECEIPTS OR STUBS:** Receipts or stubs for employment, unemployment, self-employment, social security, supplemental security income, welfare, pension funds, alimony/child support payments, educational status, etc. (Name(s), address(es) and telephone number(s) are required.)
- **ACCOUNT STATEMENTS:** Your most recent savings account statement also your most recent statement for any money market funds, trusts, certificates of deposit, stocks/bonds, IRA/Koegh or other Retirement/Investment accounts, etc.
- **CHECKING ACCOUNT:** At least six (6) of your most recent checking statements (example: July, June, May, April, March & February checking statements).
- **MEDICAL:** Any over the counter medications must be accompanied by a current doctor's letter and specific to each medication; with an itemized receipt of purchase; name of item and cost. Payments to clinic, hospital, nursing home, all doctors (dentist, eye, etc.) and insurance payments must be verified by payment receipts. All medical costs declared must not be reimbursed by any other source.
- **PET VERIFICATIONS:** Pets are required to have yearly vaccinations and license. Verification from vet's office and receipt from license or copy of actual tag required.

Above may be a partial list. If you receive monies from any source that is not listed above – please provide verification during any interim or annual recertification. The term "fraud" means the commission of any act which, pursuant to federal, state, or local law, is considered to be fraud or fraudulent, and includes conspiracy to concealment of a material fact – to induce another person to act to his or her detriment. As a result, your file can be submitted for further review – for applicable legal action(s); calculation of overpayment of assistance and/or termination.

Please be advised that if you fail to return your paperwork, your housing assistance may be terminated.

If you have any questions, please contact Nicole Hebel at (608) 782-2264, extension 225.

If you are 62 years of age or older or a person with disabilities and require special assistance to complete your annual reexamination, please contact your housing specialist and arrangements will be made to accommodate your needs.

### Labor Day Monday, September 5, 2022

No one will be working in the Housing Authority Office on **Labor Day**. The Housing Authority Staff and Board of Commissioners would like to wish all of our residents and their families a Safe, Healthy & Happy Labor Day!

### The Housing Authority Office Continues to be CLOSED

Business continues to be conducted via phone, email, drop box, and by APPOINTMENT.

Phone: 608.782.2264 Fax: 608.782.2262

Address: 1307 Badger Street

Website: [www.lacrossehousing.org](http://www.lacrossehousing.org)

Email: [info@lacrossehousing.org](mailto:info@lacrossehousing.org)

### Brats for Seniors

The Mid-West Family La Crosse Broadcast Group contacted the Housing Authority and asked if they could offer "Brats for Seniors" once again. Last year, they delivered close to 70 brats to our seniors who signed up.

With that being said, if you are a SENIOR (55+), a Housing Authority resident and would like one FREE brat, you must call the Housing Authority Office at 782-2264, dial ext. 237 for Stephanie or ext. 235 for Fawn. The deadline to order is 12:00pm on Friday, September 30, 2022.

On **Sunday, October 2, 2022**, the Mid-West Family La Crosse Broadcast Group will deliver the **FREE Oktoberfest Brats** to each high-rise for those who signed up. Your **brat will be wrapped in aluminum foil and accompanied with a packet of ketchup and mustard**. For those who signed up please be downstairs by the front entrance to watch for the delivery people and make sure to thank them for offering this special delivery.

(Round #1) will begin at 11:00am and stop at: Solberg Heights, Stokke Tower, Becker Plaza then Stoffel Court

(Round #2) will begin at 11:30am and stop at: Forest Park, Ping Manor then Sauber Manor

Sponsors: Paul's Heating and Air Conditioning, Olive Juice Quilts and Bubba's Meats.



Grandparents' Day  
Sunday, September 11th

**For Emergency Maintenance:  
Call: 608-780-5727**

**Locked-Out?** If you are locked out of your apartment, please be aware that staff is required to confirm you are the resident of the unit prior to unlocking the door. A photo ID is the best means of proof. Please understand this is for everyone's safety.



Patrons may receive 2 complete food packages per month through September, Accounts must be up-to-date and current.

### Mobile Food Pantry

CHANGES DUE TO NATIONAL HEALTH CRISIS (COVID-19): Everyone in each of the high-rises qualifies for this free service.

You will need to wait in line. Please remember social distancing, and we encourage everyone to wear a face covering. No one will be entering the WAFER Mobile at this time. You will be receiving pre-packaged food boxes. These packages will include a box of dry goods and bags of dairy, produce, bread, and meats. There will be staff and volunteers to help lift items into carts. Residents can use the building shopping carts to bring items up to their apartment; however, please clean and return the cart immediately for the next person to use. PLEASE be patient, kind, and respectful of others while waiting your turn. OPEN TO ALL RESIDENTS .

Mobile Pantry will park in front of each high-rise.

Forest Park September 7, from 9:00am-11:00am (1st Wednesday)

Becker Plaza September 13, from 9:00am-11:00am (2nd Tuesday)

Solberg Heights September 14, from 9:00am-11:00am (2nd Wednesday)

Ping Manor September 15, from 9:00am-11:00am (3rd Thursday)

The Mobile Pantry stays the full two hours so do not feel you need to get down there right away. They will have plenty of food for everyone.

### Park Boutique Salon

Beautician: Gloria Nordstrom- 608-784-0951 Location: Forest Park at 1230 Badger St. Open: Tuesdays and Fridays Several changes have been made due to COVID-19:

- \*MASK Required
\*Appointments and Walk-ins Welcome
\*Additional Cleaning and Disinfecting Protocols
\*Only Stylist and Two Clients in the Salon at a Time
\*Social Distancing Practices Must Be Followed

If Gloria does not answer when you call, please leave her a detailed message including your name and phone number so she can call you back. Dial 105 on phone system in the vestibule to be let in.

All Housing Authority properties (buildings/grounds/parking lots) are "No Smoking Areas."

Are you feeling isolated and controlled by a loved one? Do you feel like no one will understand? Help is available - Free and Confidential (608) 791-2600 Any time, any day. Someone is here to listen.



Stokke Tower September 20, from 9:00am-11:00am (3rd Tuesday)
Sauber Manor September 21, from 9:00am-11:00am (3rd Wednesday)
Stoffel Court September 27, from 9:00am-11:00am (4th Tuesday)

### Senior Share Box Deliveries

CHANGE DUE TO NATIONAL HEALTH CRISIS (COVID-19): Resident Services will deliver the Senior Share Box due to the concerns and risks of the potential exposure to COVID-19. We are trying to avoid large group gatherings in the common areas.

In order to qualify you must be at least 60 years of age with your income under \$2,265 per month for one person or \$3,052 for two people. If you qualify and are interested in signing up, call the Housing Authority Office at 608-782-2264-dial ext. 237 for Stephanie Moran or ext. 235 for Fawn King, and we can get you an application. You can also apply at WAFER Food Pantry which is located at 403 Causeway Boulevard or ask for one when the Mobile Pantry is at your building.

### Food Fair

Saturday, September 24, from 10:00am-12:00pm at 403 Causeway Boulevard. Feel free to check their website for the most current information and building updates: waferlacrosse.org Projected opening of new location is Spring 2023.

LACROSSE MTU MUNICIPAL TRANSIT UTILITY MASKS are OPTIONAL for all on public transportation. Normal schedule and boarding through the front door of the bus.

### Fall Begins September 22nd

Welcoming our Newest Residents: Emily Johnson - Becker Plaza, Laura Lee and Diana Melton - Ping Manor, Kelly Lamb - Solberg Heights (These are the residents who chose to be acknowledged.)

### Great Rivers 2-1-1 Get Connected. Get Help.

Great Rivers 2-1-1 offers free, confidential community information and referrals 24 hours/day. Dial 2-1-1 or (800) 362-8255 to talk to an information and referral specialist. We also offer a Crisis Hotline 24/7. Dial 2-1-1 or (800) 362-8255 to talk to a crisis specialist.



## Notice of Public Hearing & Public Comment

A Public Hearing regarding the Housing Authority of the City of La Crosse's, PHA 2023 Annual Plan and the Five-Year 2023-2027 Capital Fund Program Plan is scheduled for Wednesday, October 12, 2022 at 1:30pm at Ping Manor, 1311 Badger Street, La Crosse, WI 54601.

The Public Hearing will be held for the following purpose:

Provide an opportunity for residents of the City of La Crosse, including LHA Residents and Non-Residents, to express their comments regarding LHA's proposed PHA 2023 Annual Plan and the Five-Year 2023-2027 Capital Fund Program Plan.

Draft copies are available for review at the Housing Authority website [www.lacrossehousing.org](http://www.lacrossehousing.org), as well as at the Administrative Office, located at 1307 Badger Street, La Crosse, WI 54601. Office hours are from 9:00 a.m. to Noon and 12:30 to 4:00 p.m. Monday through Friday. Written comments will be considered until October 1, 2022 at 8:00 a.m. CST.

The Housing Authority of the City of La Crosse will not discriminate on the basis of race, color, national origin, religion, sex, disability, familial status, age, sexual orientation, gender identity, or marital status. Equal Housing Opportunity.

Website: [www.lacrossehousing.org](http://www.lacrossehousing.org)

Email: [info@lacrossehousing.org](mailto:info@lacrossehousing.org)

The Hunger Task Force is overseeing the sign up and delivery of the **State of Wisconsin**

### Senior "Stockbox" Program:

For those who signed up for a "Stockbox", the Hunger Task Force will be delivering your box to your apartment on **September 28** (4th Wednesday of the month). You must show ID and sign for your box. The Hunger Task Force may call up to your apartment to be let in so please buzz them in.

### Estimated delivery time at all seven high-rises:

10:00am-11:00am- Becker Plaza and Sauber Manor

10:30am-11:30am- Stoffel Court and Forest Park

11:00am-12:00pm- Solberg Heights and Ping Manor

11:30am-12:30pm- Stokke Tower

If you are 60 years of age or older, your monthly income must fall below these levels: 1 person- \$1,396 or 2 persons- \$1,888. Call to sign up at **608-793-1002**.

**Due to COVID-19 please remember the importance of SOCIAL DISTANCING, & MASK recommended for everyone (vaccinated and unvaccinated).**

### Community Garden:

The Hunger Task Force has invited residents from our high-rises to receive free vegetables from their garden. On Mondays and Thursdays from 3:00pm-5:00pm and Saturdays from 10:00am-12:00pm residents are welcome to help harvest vegetables. You will be one of the first in line to receive some vegetables for assisting.

Those residents who are not able to help assist with harvesting may come pick up vegetables that have been harvested on Mondays and Thursdays at 5:00pm and Saturdays at 12:00pm.

The garden is located on the corner of Kane and St. Cloud on the north side of La Crosse close to Goose Green Park. If you have any questions about the garden, feel free to call the **Hunger Task Force Office at 608-793-1002, or Cell Phone at 608-386-3319**.

**If you are willing and able, they sure could use help harvesting.**



## UW-La Crosse Introduction to Therapeutic Recreation Students

We are so excited to announce the UW-La Crosse Introduction to Therapeutic Recreation students will be offering "Special Events" twice this fall. Due to the number of students registered for the class they are able to come to 5 of our 7 high-rises. The students will be assigned a high-rise and be responsible for planning, organizing and leading two Casino Nights and two Craft groups.

### (Monday)

October 10th & November 14th

10am-11am- Crafts at Becker Plaza

5:30pm-7pm- Casino Night at Forest Park

### (Wednesday)

October 12th & November 16th

10am-11am- Crafts at Stokke Tower

5:30pm-7pm- Casino Night at Sauber Manor

### (Friday)

October 14th & November 18th

10am-11am- Crafts at Solberg Heights

As time gets closer, each group will be responsible for creating their informational flyer which will be posted.

*The special events have always been such a great learning experience for the students and so much fun for our residents.*

## General Information on COVID-19

For general information on COVID-19 (with lots of helpful links to other sector-specific guidance), we suggest using the Centers for Disease Control and Prevention (CDC) and the Wisconsin Department of Health Services (DHS). The La Crosse County Health Department also provides pertinent information and updates on our Facebook page; for those that utilize social media, we invite you to connect with us there.

### Centers for Disease Control (CDC)

### WI Department of Health Services (DHS)

### La Crosse County Health Department Facebook Page

### Daily Data on Cases, Tests and Case Activity

If you are seeking daily updates, please visit one of the following resources:

### Wisconsin COVID-19 Data\*

### CDC COVID-19 Data Tracker\*

### COVID-19 by County\*

\*Please note that there may be a delay of 2 - 7 days for case data from the local level filtering up to these state and federal resources.

## What is Monkeypox?

Monkeypox is a rare disease caused by infection with the monkeypox virus. Monkeypox virus is part of the same family of viruses as variola virus, the virus that causes smallpox. Monkeypox symptoms are similar to smallpox symptoms, but milder, and monkeypox is rarely fatal. Monkeypox is not related to chickenpox.

Monkeypox was discovered in 1958 when two outbreaks of a pox-like disease occurred in colonies of monkeys kept for research. Despite being named "monkeypox," the source of the disease remains unknown. However, African rodents and non-human primates (like monkeys) might harbor the virus and infect people.

The first human case of monkeypox was recorded in 1970. Prior to the 2022 outbreak, monkeypox had been reported in people in several central and western African countries. Previously, almost all monkeypox cases in people outside of Africa were linked to international travel to countries where the disease commonly occurs or through imported animals. These cases occurred on multiple continents.

## Annual House Inspections

Sauber Manor- October 4-6

Notices were posted on each floor and everyone was given a copy. Please note we will be testing the emergency pull cords in each apartment (be prepared for the noise). If you are not home, entry will be made, and a notice will be left for you.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# September

**\*\* Means with the Resident Services Department.**

**1**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**2**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am  
 Dominoes 6:00pm

**3**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am

**4**  
**5**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**6**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**7**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**8**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**9**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am  
 \*\*Strawberry Shortcake Social 3:00pm

**10**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am

**11**  
**12**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**13**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 \*\*Wii/Dice and Card Games 1:30pm  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**14**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am  
 Solberg Heights  
 \*\*Picnic Luncheon  
 12:00pm

**15**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am  
 Stoke Tower  
 \*\*Ice Cream Sundae Bar  
 1:00pm

**16**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am  
 Dominoes 6:00pm

**17**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am

**18**  
**19**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**20**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**21**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**22**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**23**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**24**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Card Club  
 1:00-4:00pm

**25**  
**26**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**27**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**28**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**29**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am

**30**  
 Becker Plaza  
 Coffee Social  
 7:30-9:30am  
 Forest Park  
 Coffee Hour  
 10:00 - 11:00am  
 Dominoes 6:00pm