



# HIGH-RISE to HIGH-RISE

## March 2023

### The Housing Authority Office continues to be CLOSED

Business continues to be conducted via phone, email, drop box and by APPOINTMENT.

Lobby Hours: 9:00am-12:00pm and 12:30pm-3:00pm CST

Fax: 608.782.2262

Phone: 608.782.2264

Address: 1307 Badger Street

Email: info@lacrossehousing.org

Website: www.lacrossehousing.org

### Re-Evaluation Process for Stokke Tower

Your annual recertification will be conducted via bin or drop off. A recertification envelope will be delivered to you the 1st week of March. Included in this envelope are all necessary forms, prefilled & highlighted as to where you need to sign and/or complete. An envelope is included for you to return ALL documents. Please complete all attached forms and return along with all documentation previously required (proof of income, most recent savings/checking statements, over the counter medication with doctor's note, pet vaccination/city license, etc.) A more detailed listing is on the backside of the letter you will receive. Please return to our drop box located in the lobby of your building no later than March 15, 2023. If you fail to complete by this date, please be advised that this is your notification that your rent will increase to \$799.00 per month effective June 1, 2023. Please provide verification which will enable us to calculate your correct level of assistance. The recertification bin will be placed in the lobby around the 1st week of March.

**\*\*The recertification bin (large gray bin) will be in the lobby Monday-Friday from 7:15am-3:15pm.\*\***

If you have any questions, please contact Nicole Hebel at (608) 782-2264 extension 225.

If you are 62 years of age or older or a person with disabilities and require special assistance to complete your annual reexamination, please contact your housing specialist, and arrangements will be made to accommodate your needs.

### SPECTRUM

Just a reminder that on **March 31, 2023**, the cable agreement between the Housing Authority and Spectrum will expire. What does this mean? For those of you that pay \$9.50 for your portion of the cable, this will no longer be charged monthly, and the cable boxes will be deactivated. If you would like to continue receiving Spectrum services, you will need to contact them directly at 1-855-326-5115.

### Annual Home Inspections

**Forest Park - March 7-9**

Notices were posted on each floor, and everyone was given a copy. Please note we will be testing the emergency pull cords in each apartment (be prepared for the noise). If you are not home, entry will be made, and a notice will be left for you.

### Come Join in the Fun!

Everyone is personally invited to attend the following groups led by University of WI - La Crosse Occupational Therapy students. The groups take place at Ping Manor from 12:30pm-2:30pm.

March 2, 2023 ~ PHYSICAL ACTIVITY

March 9, 2023 ~ TRIVIA

March 16, 2023 ~ NO SESSION (Spring Break)

March 23, 2023 ~ COOKING AND GARDENING

The Housing Authority is very thankful for this community partnership because it offers additional free programs/activities for our residents and excellent hands-on educational experiences for the students.

*Everyone is highly encouraged to wear a mask.*



### Daylight Saving Time begins

Sunday, March 12th

### "Special Events" led by the UW-L Introduction to Therapeutic Recreation Class

Lindsey Kirschbaum, Dani Stewart (graduate student) and their students would like to invite you to attend their craft groups and casino night this semester:

**Mon., February 27 - Solberg Heights (Comm. Rm.) - Crafts from 10am-11am**

**Tues. February 28 - Forest Park (Comm. Rm.) - Casino Night from 5:30pm-7pm**

**Wed., March 1 - Stoffel Court (Comm. Rm.) - Crafts from 10am-11am**

**Fri., March 3 - Becker Plaza (Comm. Rm.) - Crafts from 10am-11am**

Everyone will be highly encouraged to wear a mask during the activity.

Call the Housing Authority Office at 782-2264 to sign up, dial 237 for Stephanie or 235 for Fawn.

**FREE** for all Housing Authority residents and \$2.00 for any guests.



### St. Patrick's Day

Friday, March 17th

**For Emergency Maintenance:  
Call: 608-780-5727**

**Locked-Out?** If you are locked out of your apartment, please be aware that staff is required to confirm you are the resident of the unit prior to unlocking the door. A photo ID is the best means of proof. Please understand this is for everyone's safety.

Patrons may receive 2 complete food packages per month through the end of March. Accounts must be up-to-date and current.



## Mobile Food Pantry:

Everyone in each of the high-rises qualifies for this free service.

You will need to wait in line. Please remember social distancing, and we encourage everyone to wear a face covering. No one will be entering the WAFER Mobile at this time. You will be receiving pre-packaged food boxes. These packages will include a box of dry goods and bags of dairy, produce, bread, and meats. There will be staff and volunteers to help lift items into carts. Residents can use the building shopping carts to bring items up to their apartment; however, please clean and return the cart immediately for the next person to use. PLEASE be patient, kind, and respectful of others while waiting your turn. OPEN TO ALL RESIDENTS!

From 9:00am to 11:00am the Mobile Pantry will be parking in the front of each high-rise.

- Forest Park on March 1** (1st Wednesday)
- Solberg Heights on March 8** (2nd Wednesday)
- Becker Plaza on March 14** (2nd Tuesday)
- Sauber Manor on March 15** (3rd Wednesday)
- Ping Manor on March 16** (3rd Thursday)
- Stokke Tower on March 21** (3rd Tuesday)
- Stoffel Court on March 28** (4th Tuesday)

The Mobile Pantry stays the full two hours; therefore, do not feel you need to get down there right away. They will have plenty of food for everyone.

## Food Fair:

Saturday, March 25, 2023, from 10:00am-12:00pm at 403 Causeway Boulevard.

Feel free to check their website for the most current information and building updates: [waferlacrosse.org](http://waferlacrosse.org)  
Projected opening of new location is Spring 2023.

## Park Boutique Salon

Stylist: Gloria Nordstrom-784-0951

Location: Forest Park at 1230 Badger St.

Open: Tuesday: By appointments ONLY

Friday: Opens at 9am (By appointments and walk-ins welcome.)

If Gloria does not answer when you call, please leave her a detailed message including your name and phone number so she can call you back. Dial 105 on phone system in the vestibule to be let in. *The salon is for ALL Housing Authority Residents ONLY.*

Are you feeling isolated and controlled by a loved one?

Do you feel like no one will understand?

Help is available - Free and Confidential

(608) 791-2600

Any time, any day. Someone is here to listen.



advocating against domestic & sexual abuse

## Welcoming our Newest Residents:

Angela Billen - Solberg Heights

(She is the only resident who chose to be acknowledged.)

## La Crosse AARP Tax-Aide Program

The Housing Authority has been informed that the AARP Tax-Aide Program will be available in 2023.

New for 2023

- Only one appointment is required to file your taxes which may take up to 3 hours.

### Schedule Your Appointment:

- Appointments will be held at the Hogan Administrative Center, 807 East Avenue S through Thursday April 6th.
- Self-schedule on-line at [www.aarpfoundation.org/taxaide](http://www.aarpfoundation.org/taxaide).
- Residents who do not have on-line access may call the Housing Authority Office at 608-782-2264, ext. 234.
  - o If your call goes to voicemail, please leave a message stating you need assistance scheduling an on-line appointment with AARP.
  - o Leave your full name and phone number so your call can be returned.
  - o Once your appointment has been scheduled, Resident Services will deliver your confirmation and the packet of forms including an overview of the process.
  - o Please be aware if you do not have all the required information at your appointment, you may be turned away and may need to reschedule your appointment.
  - o Only 2022 tax returns will be completed this tax season.

### Cancel / Reschedule Your Appointment

- If you scheduled on-line cancel, or reschedule at [www.aarpfoundation.org/taxaide](http://www.aarpfoundation.org/taxaide).
- If Housing Authority scheduled your appointment, contact the staff person who scheduled your appointment by calling 608-782-2264, ext. 234.

### COVID Protocols

- Currently masks for Taxpayers and Volunteers are not mandatory but are recommended.
- If the CDC reports significantly increased COVID cases in La Crosse County, COVID protocols may change.
- Call (608) 492-0113 to hear updated information regarding COVID protocols.

Do NOT call the La Crosse Public Library or Hogan Administrative Center with any questions. To hear updated information about AARP Foundation Tax-Aide, call (608) 492-0113 or visit the La Crosse Public Library website <https://www.lacrosselibrary.org/research/tax-help-forms>

- If you have questions and need to speak to someone about Tax-Aide, contact the Housing Authority at 608-782-2264, ext. 234.

## Religion

Living Word Christian Church In-Person LIFE GROUP:

Ping Manor (Community Room) Host: Tracy B.

(No Group in March) will resume on Tuesday, April 18, 2023 (3rd Tuesday) at 2:00pm.

## REACH Services and Resource Center

The REACH Center is a place where multiple agencies can assist with housing navigation, homeless prevention, mental/AODA support, healthcare, and violence prevention and support in one location.

Walk-in services available:

Monday & Tuesday 8am-4pm, Wednesday 10am-4pm,

Thursday & Friday 8am-4pm

608-781-2783

## State of Wisconsin "SENIOR Stockbox" Program

For those who signed up for a "Senior Stockbox," the Hunger Task Force will be delivering your box to your apartment on the following date and time. You must show ID and sign for your box. The Hunger Task Force may call up to your apartment to be let in so please buzz them in.

**Estimated delivery dates and times at all seven high-rises:**

- (1st Monday) **March 6:** 10:00am-12:00pm  
- Becker Plaza and Stoffel Court
- (2nd Monday) **March 13:** 10:00am-12:00pm  
- Solberg Heights and Stokke Tower
- (3rd Monday) **March 20:** 10:00am-12:00pm  
- Forest Park and Ping Manor
- (4th Monday) **March 27:** 10:00am-12:00pm  
- Sauber Manor

If you are 60 years of age or older, your monthly income must fall below these levels: 1 person household: \$1,473 or 2-person household: \$1,984. Call to sign up at **608-793-1002**

**Due to COVID-19 please remember the importance of SOCIAL DISTANCING, & MASK recommended for everyone (vaccinated and unvaccinated).**



## Re-Evaluation Process for Ping Manor

The Department of Housing & Urban Development (HUD) requires that we review your income and household composition every year to determine if you are still eligible to receive assistance paying your rent.

A recertification packet will be slid under your door on April 3, 2023. Please complete all paperwork enclosed in the envelope. You will need to return the paperwork along with your third-party verification of income and allowable expenses, all of which are listed below, as well as on the letter. A drop box will be installed in your building beginning the week of April 3 and will remain there until April 17 for the return of the paperwork. Failure to comply with annual recertification procedures will result in your rent being increased to \$799.00 per month effective July 1, 2023.

### ANNUAL RECERTIFICATION CHECKLIST

- **THE ENCLOSED QUESTIONNAIRE:** *Don't forget to sign & date the completed questionnaire.*
- **RECEIPTS OR STUBS:** *Receipts or stubs for employment, unemployment, self-employment, social security, supplemental security income, welfare, pension funds, alimony/child support payments, educational status, etc. (Name(s), address(es) and telephone number(s) are required.)*
- **ACCOUNT STATEMENTS** *Your most recent savings account statement also your most recent statement for any money market funds, trusts, certificates of deposit, stocks/bonds, IRA/Koegh or other Retirement/Investment accounts, etc.*
- **CHECKING ACCOUNT:** *At least six (6) of your most recent checking statements (example: March, February, January, December, November & October checking statements).*
- **MEDICAL:** *Any over the counter medications must be accompanied by a current doctor's letter and specific to each medication; with an itemized receipt of purchase; name of item and cost. Payments to clinic, hospital, nursing home, all doctors (dentist, eye, etc.) and insurance payments must be verified by payment receipts. All medical costs declared, must not be reimbursed by any other source.*
- **PET VERIFICATIONS:** *Pets are required to have yearly vaccinations and license. Verification from vet's office and receipt from license or copy of actual tag required.*

*Above may be a partial list. If you receive monies from any source that is not listed above – please provide verification during any interim or annual recertification. The term "fraud" means the commission of any act which, pursuant to federal, state, or local law, is considered to be fraud or fraudulent, and includes conspiracy to concealment of a material fact – to induce another person to act to his or her detriment. As a result, your file can be submitted for further review – for applicable legal action(s); calculation of overpayment of assistance and/or termination.*

Please be advised that if you fail to return your paperwork, your housing assistance may be terminated.

If you have any questions, please contact Nancy Peters at (608) 782-2264, extension 232.

If you are 62 years of age or older or a person with disabilities and require special assistance to complete your annual reexamination, please contact your housing specialist and arrangements will be made to accommodate your needs.

## Western OTA (Occupational Therapy Assistant) Program

A big thank you to everyone who completed the surveys for the Western Occupational Therapy Assistant Program! Based on that feedback, the students are planning a variety of exciting groups that will take place at Becker Plaza, in the community room, from 10:30am to 11:30am. More specific information is coming soon but mark your calendars for the following dates and activities: March 22nd (Cooking), March 29th (Cards and Games), April 5th (Music) and April 12th (Exercise). We hope you can join us!

## UW-L Facilitation Technique Class

Lindsey Kirschbaum and students in UW-L's RTH 470/570 Facilitation in Techniques class will be offering six weeks of activities at Forest Park from 11:30am-12:30pm.

On March 21, March 28 & April 4, come and enjoy games and other activities while getting to know the students, while they get to know you and your interests. Then on Tuesdays and Thursdays from April 11 through April 27, come and enjoy programs planned and facilitated by the students.

## Great Rivers 2-1-1 Get Connected. Get Help.

Great Rivers 2-1-1 offers free, confidential community information and referrals 24 hours/day. Dial 2-1-1 or (800) 362-8255 to talk to an information and referral specialist.

We also offer a Crisis Hotline 24/7. Dial 2-1-1 or (800) 362-8255 to talk to a crisis specialist.

**2-1-1**

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

# March

	<b>1</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Sauber Manor Morning Social 9-10am Stoffel Court **Crafts w/UW-L TR Students 10-11am	<b>2</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Solberg Heights Medicare Resource Fair 1pm Sauber Manor Bingo w/Sara 6-7pm	<b>3</b> Becker Plaza Coffee Social 8-9:30am **Crafts w/UW-L TR Students 10-11am Forest Park Coffee Hour 10-11am Game Night 6pm	<b>4</b>
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<b>5</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Solberg Heights **Luck of the Irish Bingo 2pm	<b>6</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Stokke Tower **Get Movin' Beginner Exercise Class 2:30-3:30pm	<b>7</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Stokke Tower **Get Movin' Beginner Exercise Class 2:30-3:30pm	<b>8</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Sauber Manor Morning Social 9-10am	<b>9</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Sauber Manor Bingo w/Sara 6-7pm	<b>10</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am	<b>11</b> Becker Plaza Coffee Social 8-9:30am
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<b>12</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am	<b>13</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Stokke Tower **Get Movin' Beginner Exercise Class 2:30-3:30pm	<b>14</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Stokke Tower **Get Movin' Beginner Exercise Class 2:30-3:30pm	<b>15</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Sauber Manor Morning Social 9-10am	<b>16</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Sauber Manor Bingo w/Sara 6-7pm	<b>17</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Dominos 6pm Stokke Tower **Sweet Treats on St. Patrick's Day 2pm	<b>18</b> Forest Park St. Paddy's Day Potluck 5pm
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<b>19</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Ping Manor **Taco Boats 12pm	<b>20</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Ping Manor **Taco Boats 12pm	<b>21</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Stokke Tower **Get Movin' Beginner Exercise Class 2:30-3:30pm	<b>22</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Sauber Manor Morning Social 9-10am	<b>23</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Sauber Manor Bingo w/Sara 6-7pm	<b>24</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am	<b>25</b> Becker Plaza Coffee Social 8-9:30am Forest Park Card Club 1-4pm
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<b>26</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am	<b>27</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am	<b>28</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Stokke Tower **Get Movin' Beginner Exercise Class 2:30-3:30pm	<b>29</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Sauber Manor Morning Social 9-10am	<b>30</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Sauber Manor Bingo w/Sara 6-7pm	<b>31</b> Becker Plaza Coffee Social 8-9:30am Forest Park Coffee Hour 10-11am Dominos 6pm	<b>** Means with the Resident Services Department.</b>
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