



HIGH-RISE to HIGH-RISE

September 2023

Business continues to be conducted via phone, email, drop box and by APPOINTMENT

Lobby Hours: 9:00am-12:00pm and 12:30pm-3:00pm CST

Fax: 608.782.2262 • Phone: 608.782.2264

Address: 1307 Badger Street

Email: info@lacrossehousing.org

Website: www.lacrossehousing.org

NEW: **Residents are now able to submit

NON-EMERGENCY maintenance requests on the website.

PLEASE NOTE: **A magnetic business card was put on everyone's door. Please put it on your refrigerator in case you need to contact the office or the emergency after hours line.

CHANGE IN RE-EVALUATION PROCESS

Re-Evaluation at Forest Park IN PERSON September 11-15 (mornings only)

All **Forest Park** residents have been scheduled an appointment time. The re-evaluation will take place **in person** in the **previous Park Boutique room**. Please be patient and wait your turn.

- Everyone received their hand-delivered letter last month. You are required to supply all verification of income, assets, and medical expenses.
- Provide all/any letters you have received from Social Security, Pension, Annuity, IRAs, concerning your benefit amount and/or insurance premium deducted from your monthly benefit.
- Provide 6 most recent checking account statements, 1 most recent savings account statement, CD, or other asset account statements, Chime, PayPal, Cash App, Direct Express, Green Dot, over-the-counter medication with doctor's note, 2023 pet license, and any other online accounts. A more detailed listing is on the backside of the letter you will receive.
- Medical insurance premiums and other medical expense information – you need to provide.
- Read your annual recertification notice carefully! All residents must be seen at annual recertification time – regardless of when you moved in!

Feel free to call Nancy Peters at 608-782-2264, ext. 232, with any questions.

Labor Day Monday, September 4, 2023

No one will be working in the Housing Authority Office on **Labor Day**. The Housing Authority Staff and Board of Commissioners would like to wish all of our residents and their families a Safe, Healthy & Happy Labor Day!

Upcoming Outing and Motor Coach Trip

Friday Night Fish Fry (Fox Hollow Banquet Hall)
Friday, September 15, 2023

Apple Orchard Trip
(Breakfast Buffet at Kickapoo Corners Family Restaurant in Readstown, WI, then stops at various orchards in Gays Mills, WI)

Thursday, October 12, 2023.

For more detailed information flyers are posted in each high-rise on every floor and on website. Feel free to call the Housing Office at 608-782-2264 and ask to speak to either Stephanie Moran (ext. 237) or Fawn King (Ext. 235). We need a minimum of 30 residents/guests signed up in order to go.

UW-La Crosse Recreational Therapy Students

Modality Preceptorship in Recreational Therapy I

This course facilitates experiential learning environments for recreational therapy students consisting of preceptor-supervised experiences in health care and community-based agencies. Students acquire specific modality/skills and facilitation techniques used as treatment interventions in recreational therapy practice. Components of the recreational therapy process, that includes but is not limited to, activity selection, activity analysis, activity planning, and activity modifications will be utilized within an experiential learning environment. The students will be focusing on the residents of Stokke Tower, Solberg Heights, Becker Plaza, and Stoffel Court this semester. **Informational flyers will be posted in a timely fashion.**

All Housing Authority properties (buildings/grounds/parking lots) are "No Smoking Areas."

EMERGENCY MAINTENANCE

Monday-Thursday after 3:00pm

Weekends (Friday 3:00pm - Monday 6:30am) & Holidays

Call: 1-(855)-895-4473

Locked Out? If you are locked out of your apartment, please be aware that staff are required to confirm you are the resident of the unit prior to unlocking the door. A photo ID is the best means of proof. Please understand this is for everyone's safety.

Grandparents' Day

Sunday, September 10th

2.1.1



State of Wisconsin "SENIOR Stockbox" Program

For those who signed up for a "Senior Stockbox," the Hunger Task Force will be delivering your box to your apartment on the following date and time. You must show ID and sign for your box. The Hunger Task Force may call up to your apartment to be let in so please buzz them in.

Estimated delivery dates and times at all seven high-rises:

(1st Monday is Labor Day; therefore, a change needed to be made for Becker Plaza and Stoffel Court)

Tuesday, September 5: 10:00am-12:00pm

- Becker Plaza and Stoffel Court

(2nd Monday) September 11: 10:00am-12:00pm

- Solberg Heights and Stokke Tower

(3rd Monday) September 18: 10:00am-12:00pm

- Forest Park and Ping Manor

(4th Monday) September 25: 10:00am-12:00pm

- Sauber Manor

If you are 60 years of age or older, your monthly income must fall below these levels: 1 person household: \$1,580 or 2-person household: \$2,137. Call to sign up at **608-793-1002**.

Kane Street Community Garden:

The Hunger Task Force has invited residents from our high-rises to receive free vegetables from their garden. On Mondays and Thursdays from 3:00 pm-5:00 pm and Saturdays from 10:00 am-12:00pm residents are welcome to help harvest vegetables. You will be one of the first in line to receive some vegetables for assistance.

Those residents who are not able to help assist with harvesting may come pick up vegetables that have been harvested on Mondays and Thursdays at 5:00pm and Saturdays at 12:00pm.

The garden is located on the corner of Kane and St. Cloud on the north side of La Crosse close to Goose Green Park. If you have any questions about the garden, feel free to call the **Hunger Task Force Office** at **608-793-1002** or **Cell Phone** at **608-386-3319**.



Always looking for volunteers!

Notice of Public Hearing & Public Comment

A Public Hearing regarding the Housing Authority of the City of La Crosse's PHA 2024 Annual Plan and the Five-Year 2024-2028 Capital Fund Program Plan is scheduled for Wednesday, October 11, 2023, at 1:30pm at Ping Manor, 1311 Badger Street, La Crosse, WI 54601.

The Public Hearing will be held for the following purpose: Provide an opportunity for residents of the City of La Crosse, including LHA Residents and Non-Residents, to express their comments regarding LHA's proposed PHA 2024 Annual Plan and the Five-Year 2024-2028 Capital Fund Program Plan.

Commencing August 15, 2023, draft copies will be available at the Housing Authority website www.lacrossehousing.org, as well as at the Administrative Office, located at 1307 Badger Street, La Crosse, WI 54601. Office hours are from 9:00 a.m. to Noon and 12:30 to 3:00 p.m. Monday through Friday. Written comments will be considered until October 2, 2023, at 8:00 a.m. CST.

The Housing Authority of the City of La Crosse will not discriminate on the basis of race, color, national origin, religion, sex, disability, familial status, age, sexual orientation, gender identity, or marital status. Equal Housing Opportunity.

Email: info@lacrossehousing.org

UW-La Crosse Occupational Therapy Students

Attention Residents,

The second year UWL Occupational Therapy (OT) students are looking for adults (55+) to participate in skilled OT services as part of their Older Adult coursework. This project will allow the students to practice the OT process of observation, evaluation, analysis, and treatment of this population. Participants will receive skilled therapy services from 2 assigned students. The process will begin with an initial evaluation followed by treatment sessions that ultimately focus on maximizing safety and independence. This project will begin in October (additional details to be provided).

If interested, please contact the Housing Authority Office at 608-782-2264; dial ext. 237 for Stephanie or ext. 235 for Fawn by September 22nd.

Catholic Communion

Becker Plaza (Library)

Friday, September 1 & 15 (1st & 3rd Friday) at 10:15am

Sauber Manor Annual Home Inspections

October 3 - 5, 2023

Notices were posted on each floor, and everyone was given a copy. Please note we will be testing the emergency pull cords in each apartment (be prepared for the noise). If you are not home, entry will be made, and a notice will be left for you.

September

**** Means with the Resident Services Department.**

1

Forest Park
Coffee Hour 10-11am
Dominoes 6pm

2

Becker Plaza
Coffee Social
8-9:30am

3

4

Labor Day
(OFFICE CLOSED)

5

Forest Park
Coffee Hour 10-11am
Dominoes 6pm

6

Becker Plaza
Coffee Social 8-9:30am
Forest Park
Coffee Hour 10-11am

7

Becker Plaza
Coffee Social 8-9:30am
Forest Park
Coffee Hour 10-11am
Sauber Manor
****Bingo 6-7pm**

8

Forest Park
Coffee Hour 10-11am
****Pie & Ice Cream Social 2:30pm**
Dominoes 6pm

9

Becker Plaza
Coffee Social
8-9:30am

10

11

Forest Park
Coffee Hour 10-11am
Stokke Tower
****Pizza Party 12pm**

12

Forest Park
Coffee Hour 10-11am
Dominoes 6pm

13

Becker Plaza
Coffee Social 8-9:30am
Forest Park
Coffee Hour 10-11am

14

Becker Plaza
Coffee Social 8-9:30am
Forest Park
Coffee Hour 10-11am
Ping Manor
****Bingo 2pm**
Sauber Manor
****Bingo 6-7pm**

15

Forest Park
Coffee Hour 10-11am
Dominoes 6pm
****Friday Night Fish Fry (Fox Hollow Banquet Hall)**

16

Becker Plaza
Coffee Social
8-9:30am

17

18

Forest Park
Coffee Hour 10-11am
Sauber Manor
****Monday Night Movie 6pm**

19

Forest Park
Coffee Hour 10-11am
Dominoes 6pm

20

Becker Plaza
Coffee Social 8-9:30am
Forest Park
Coffee Hour 10-11am
Solberg Heights
****Cookout 12:30pm**

21

Becker Plaza
Coffee Social 8-9:30am
Forest Park
Coffee Hour 10-11am
Sauber Manor
****Bingo 6-7pm**

22

Becker Plaza
****Continental Breakfast 9-10am**
Forest Park
Coffee Hour 10-11am
Dominoes 6pm

23

Becker Plaza
Coffee Social
8-9:30am
Forest Park
Card Club
1-4pm

24

25

Forest Park
Coffee Hour 10-11am

26

Forest Park
Coffee Hour 10-11am
Dominoes 6pm

27

Becker Plaza
Coffee Social 8-9:30am
Forest Park
Coffee Hour 10-11am

28

Becker Plaza
Coffee Social 8-9:30am
Forest Park
Coffee Hour 10-11am
Sauber Manor
Bingo 6-7pm

29

Forest Park
Coffee Hour 10-11am
Dominoes 6pm

30

Becker Plaza
Coffee Social
8-9:30am