



# HIGH-RISE to HIGH-RISE

## February 2024

**Business is conducted via phone, email, drop box and by APPOINTMENT**

**Lobby Hours: 9:00am-12:00pm and 12:30pm-3:00pm CST**

**Phone: 608.782.2264 • Fax: 608.782.2262**

**Address: 1307 Badger Street**

**Email: info@lacrossehousing.org**

**Website: www.lacrossehousing.org**

*\*\*Residents are now able to submit*

*NON-EMERGENCY maintenance requests on the website.*

### Lincoln's Birthday

Monday, February 12

### Homestead Credit Rent Certificate

All the rent certificates were delivered and slid under the resident's door (hinge side) last month.

*La Crosse AARP Tax-Aide Program will be offering this free service in 2024. For more detailed information see page two of this newsletter. If you need assistance scheduling an appointment, please contact Pam at 608-782-2264, ext. 234.*

### Communion

Becker Plaza (Library)

Friday, February 2, 2024, at 10:15am

### Valentine's Day Ash Wednesday

Wednesday, February 14

### EMERGENCY MAINTENANCE

Monday-Thursday after 3:00pm

Weekends (Friday 3:00pm - Monday 6:30am) & Holidays

Call: 1-855-895-4473

**Locked Out?** If you are locked out of your apartment, please be aware that staff are required to confirm you are the resident of the unit prior to unlocking the door. A photo ID is the best means of proof. Please understand this is for everyone's safety.

### Welcoming our Newest Residents:

Joyce Maclin and Caitlin - Forest Park

Nancy Randall and Jim Kerrigan - Ping Manor

Scott See - Stokke Tower

(These are the residents who chose to be acknowledged.)

### Annual Home Inspections

Stokke Tower: February 6-8, 2024

Notices were posted on each floor, and everyone was given a copy with a pre-inspection checklist printed on the back. Please note we will be testing the emergency pull cords in each apartment (be prepared for the noise). If you are not home, entry will be made, and a notice will be left for you.

### Groundhog Day

Friday, February 2



### First Community Outing in 2024

Lunch at North Country Steak Buffet:

Friday, February 9, 2024

### CRAFTS, CARDS & CONNECT! at Sauber Manor

Last semester 5 Occupational Therapy Students from the University of WI - La Crosse held a "Meet & Greet" at Sauber Manor and distributed an interest survey to each resident. The students compiled the results and have been working hard on developing programs identified as interests.

**The upcoming events will take place in the Sauber Manor community room at 1:30pm:**

**Week 1:** February 2-YAHTZEE, FARKLE & L/R CENTER

**Week 2:** February 9-DOOR DECORATION CRAFT

**Week 3:** February 16-EUCHRE, UNO & CARD GAMES

**Week 4:** February 23-PAINTING MUGS & VASES

**Week 5:** March 1-JEOPARDY & TRIVIA



**Each session includes complimentary snacks! Games sessions include prizes.**

### The Housing Authority Office will be **CLOSED** on

Thursday, March 21, and Friday, March 22, for ADMINISTRATIVE STAFF TRAINING.



**State of Wisconsin “SENIOR Stockbox” Program:**

For those who signed up for a “Senior Stockbox,” the Hunger Task Force will be delivering your box to your apartment on the following Mondays and times. You must show your ID and sign for your box. The Hunger Task Force may call your apartment to be let in so please buzz them in.

*Delivery dates and estimated times at all seven high-rises:*

**Mon., February 5:**

10:00am-12:00pm- Becker Plaza and Stoffel Court

**Mon., February 12:**

10:00am-12:00pm- Solberg Heights and Stokke Tower

**Mon., February 19:**

10:00am-12:00pm- Forest Park and Ping Manor

**Mon., February 26:**

9:00am-10:00am- Sauber Manor

If you are 60 years of age or older, and your monthly income must fall below these levels: 1 person household: \$1,580 or 2-person household: \$2,137. Call to sign up at **608-793-1002**.

## UW-La Crosse Recreational Therapy Students

### Modality Preceptorship in Recreational Therapy I Class

This course facilitates experiential learning environments for recreational therapy students consisting of preceptor-supervised experiences in health care and community-based agencies. Students acquire specific modality/skills and facilitation techniques used as treatment interventions in recreational therapy practice. Components of the recreational therapy process, that includes but is not limited to, activity selection, activity analysis, activity planning, and activity modifications will be utilized within an experiential learning environment. The students will be focusing on the residents of **Ping Manor** and **Forest Park** this semester.

The two separate groups will take place on **Mondays from 2:30pm-3:30pm in the community room.**



**Ping Manor Group**



**Forest Park Group**

## Washington’s Birthday

Thursday, February 22

## La Crosse AARP Tax-Aide Program

The Housing Authority has been informed that the AARP Tax-Aide Program will be available in 2024.

- Appointments will be held at the Hogan Administrative Center, 807 East Avenue S. from February 5 through April 4, 2024.
- Self-schedule on-line at [www.aarpfoundation.org/taxaide](http://www.aarpfoundation.org/taxaide).
- Residents who do not have online access may call the Housing Authority at 608-782-2264, ext. 234, .
  - o If your call goes to voicemail, please leave a message stating you need assistance scheduling an on-line appointment with AARP.
  - o Leave your full name and phone number so your call can be returned.
  - o Once your appointment has been scheduled, Resident Services will deliver your confirmation and the packet of forms including an overview of the process.
  - o Please be aware if you do not have all the required information at your appointment, you may be turned away and may need to reschedule your appointment.
  - o Only 2023 tax returns will be completed this tax season.

### Cancel / Reschedule Your Appointment

- If you scheduled online, you can cancel or reschedule at [www.aarpfoundation.org/taxaide](http://www.aarpfoundation.org/taxaide).
- If Housing Authority scheduled your appointment, contact the staff person who scheduled your appointment by calling 608-782-2264, ext. 234.

**Please do not call the Hogan Administrative Center with any questions. Feel free to call the Housing Authority Office at 608-782-2264, ext. 234.**

**If you are unable to fill out these questionnaires, please arrive at your appointment 30 minutes early.**



## Presidents’ Day

Monday, February 19

**MASKS are OPTIONAL for all on public transportation.**

Normal schedule and boarding through the front door of the bus.



**Are you feeling isolated and controlled by a loved one? Do you feel like no one will understand?**

**Help is available - Free and Confidential (608) 791-2600**

**Any time, any day. Someone is here to listen.**



advocating against domestic & sexual abuse



Patrons may receive 1 complete food package per month. Accounts must be up-to-date and current.

Patrons would be able to receive smaller packages - produce and bakery (and possibly surplus items) - the other weeks of the month, one time per week.

We also offer drive-thru for complete food packages only for people 60+ or those who have had staff approval.

The drive-thru is open Wednesdays and Thursdays from 10:00am-12:00pm for people 60+ or by staff referral.

### **Mobile Food Pantry:**

**Everyone in each of the high-rises qualifies for this free service.**

You will need to wait in line. No one will be entering the WAFER Mobile at this time. Everyone will get a choice of dairy, meats, produce, bakery, and a pre-packaged food box. There will be staff and volunteers to help lift items into carts. Residents can use the building shopping carts to bring items up to their apartment; however, please clean and return the cart immediately for the next person to use. **PLEASE** be patient, kind, and respectful of others while waiting your turn.

From 9:00am to 11:00am the Mobile Pantry will be parking in the front of each high-rise.

- Forest Park on February 7** (1st Wednesday)
- Becker Plaza on February 13** (2nd Tuesday)
- Solberg Heights on February 14** (2nd Wednesday)
- Ping Manor on February 15** (3rd Thursday)
- Stokke Tower on February 20** (3rd Tuesday)
- Sauber Manor on February 21** (3rd Wednesday)
- Stoffel Court on February 27** (4th Tuesday)

The Mobile Pantry stays the full two hours; therefore, do not feel you need to get down there right away. They will have plenty of food for everyone.

*Feel free to check their website for the most current information: [waferlacrosse.org](http://waferlacrosse.org)*

### **REACH Services and Resource Center**

The REACH Center is a place where multiple agencies can assist with housing navigation, homeless prevention, mental/AODA support, healthcare, and violence prevention and support in one centralized location.

**Hours:**

Monday, Tuesday, Thursday, and Friday: 8am-4pm  
 Wednesday: 10am-4pm  
 212 11th Street South La Crosse, WI 54601  
 608-781-2783, ext. 200

### **Annual Home Inspections**

**Forest Park - March 5-7, 2024**

Notices will be posted on each floor, and everyone will be given a copy. Please note we will be testing the emergency pull cords in each apartment (be prepared for the noise). If you are not home, entry will be made, and a notice will be left for you.



### **Western OTA (Occupational Therapy Assistant) Program at Becker Plaza**

We are excited to announce the Community Practices Class is in the process of creating a survey for Becker Plaza residents and will be planning, organizing, and leading groups based on the needs. The surveys will be distributed door-to-door the second week of February. Resident Services is hoping every resident will complete their survey. The completed survey will need to be put under the designated door in the Wellness Room. The students will review all the surveys, determine the needs, and plan their activities accordingly. The group activities will take place at Becker Plaza, in the community room, on **March 20, March 27, April 3, and April 10**. The activities are free and welcome to all Housing Authority residents. The students will be creating informational flyers that will be posted in a timely fashion.

*This will be a great learning experience for the students and offers additional free programs for our residents.*

### **Re-Evaluations at Stokke Tower will be IN PERSON this year February 12, 13, 14 of 2024**

All Stokke Tower residents have been scheduled an appointment time. The re-evaluation will take place in person in the community room. Please be patient and wait your turn.

- Letter will be slid under everyone's door on or before February 1st. You are required to supply all verification of income, assets, and medical expenses.
- Provide all/any letters you have received from Social Security, Pension, Annuity, IRA's, concerning your benefit amount and/or insurance premium deducted from your monthly benefit.
- Provide 2 most recent checking account statements, 1 most recent savings account statement, CD, or other asset account statements, Chime, PayPal, Cash App, Direct Express, Green Dot or any other banking app, any other online accounts, over-the-counter medication with doctor's note, 2024 pet license & rabies certificate. A more detailed listing is on the backside of the letter you will receive.
- Medical insurance premiums and other medical expense information - you need to provide.
- If you fail to complete your re-evaluation, please be advised that this is your notification that your rent will increase to \$866.00 per month effective June 1, 2024.
- Read your annual recertification notice carefully! All residents must be seen at annual recertification time - regardless of when you moved in!

**Feel free to call Nicole Hebel at 608-782-2264, ext. 225, with any questions.**

# February

4	5	6	7	8	9	10
<p><b>Forest Park</b> Coffee Hour 10-11am **UW-L Rec. Therapy Students Social 2:30-3:30pm</p> <p><b>Ping Manor</b> **UW-L Rec. Therapy Students Social 2:30-3:30pm</p>	<p><b>Forest Park</b> Coffee Hour 10-11am **UW-L Rec. Therapy Students Social 2:30-3:30pm</p> <p><b>Ping Manor</b> **UW-L Rec. Therapy Students Social 2:30-3:30pm</p>	<p><b>Forest Park</b> Coffee Hour 10-11am Dominoes 6pm</p>	<p><b>Becker Plaza</b> Coffee Social 8-9:30am</p> <p><b>Forest Park</b> Coffee Hour 10-11am</p>	<p><b>Becker Plaza</b> Coffee Social 8-9:30am <b>Forest Park</b> Coffee Hour 10-11am</p> <p><b>Solberg Heights</b> **Valentines J-I-N-G-O &amp; Bingo 1pm <b>Sauber Manor</b> Bingo 6-7pm</p>	<p><b>**Lunch at North Country Steak Buffet</b> <b>Forest Park</b> Coffee Hour 10-11am Dominoes 6pm</p> <p><b>Sauber Manor</b> **UW-L OT Students Activity (Door Decoration Craft) 1:30pm</p>	<p><b>Becker Plaza</b> Coffee Social 8-9:30am</p>
11	12	13	14	15	16	17
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18	19	20	21	22	23	24
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25	26	27	28	29	<p>** Means with the Resident Services Department.</p>	
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