

## HIGH-RISE to HIGH-RISE

## **November 2024**

Lobby Hours: 9:00am-12:00pm and 12:30pm-3:00pm CST

**Phone:** 608.782.2264 • **Fax:** 608.782.2262

Address: 1307 Badger Street
Email: info@lacrossehousing.org
Website: www.lacrossehousing.org
\*\*Residents can submit NON-EMERGENCY
maintenance requests on the website.

## **Smoke Detector Replacements and Installation Project**

The project is on schedule and has been completed in all the family neighborhoods. Contractors have started working at Becker Plaza. They begin on the top floor and work their way down. Every apartment will receive a new smoke detector(s) in each bedroom; therefore, contractors will need access to your unit. If you are not home, an entry will be made, and a Notice of Entry will be left for you.

NOTE: Please have pets secured, kenneled, or placed in the bathroom as this is the only room they do not need access to.

Following the completion at Becker Plaza, they proceed to Sauber Manor, Stoffel Court, Forest Park, Ping Manor, Stokke Tower then Solberg Heights.

The Housing Authority will give everyone advance notice and it will also be posted in a timely fashion.

### Welcoming our Newest Residents:

Sandy Hammond - Forest Park
Eric Coker and Tamera Wallace - Solberg Heights
Rachel M. Carroll and Dennis Brotherwood - Stokke Tower
(These are the residents who chose to be acknowledged.)

### **EMERGENCY MAINTENANCE**

Monday-Thursday after 3:00pm Weekends (Friday 3:00pm - Monday 6:30am) & Holidays Call: 1-855-895-4473

**Locked Out?** If you are locked out of your apartment, please be aware that staff are required to confirm you are the resident of the unit prior to unlocking the door. A photo ID is the best means of proof. Please understand this is for everyone's safety.

### **Daylight Savings Time Ends**

Sunday, November 3

## General Election and Presidential Election

**Tuesday, November 5, 2024**Polls open at 7:00am and close at 8:00pm.

High-Rise			Polling Place
Sauber Manor	2	3	Harry J. Olson Senior Center
			(1607 North St.)
Ping Manor	5	9	UW-L Student Union
			(521 East Ave. N) Farwell
		_	Street Entrance
Forest Park	5	9	UW-L Student Union
			(521 East Ave. N) Farwell
0 11 11 11	•	40	Street Entrance
Solberg Heights	6	12	La Crosse Public Library
D   D	^	4.4	(800 Main St.)
Becker Plaza	9	14	Southside Neighborhood Center
01-11-01	0	4.4	(1300 6th St. S.)
Stoffel Court	9	14	Southside Neighborhood Center
Otaldra Tarran	0	4.4	(1300 6th St. S.)
Stokke Tower	9	14	Southside Neighborhood Center
			(1300 6th St. S.)

# Rides are FREE on ELECTION DAY

LACROSSE VITU MUNICIPAL TRANSIT UTILITY

Tuesday, November 5, 2024!

All Housing Authority properties (buildings/ grounds/parking lots) are "No Smoking Areas."

### **Upcoming Motor Coach Trip**

\*\*LHA residents accounts must be current in order to sign up. \*\*

Mall of America

Wednesday, November 6, 2024

For more detailed information flyers are posted in each high-rise on every floor or feel free to call the Housing Office at 608-782-2264 and ask to speak to either Stephanie (ext. 237) or Fawn (ext. 235).

### **Happy Thanksgiving**

No one will be working in the Housing Authority Office on <u>Thursday</u>, <u>November 28</u>, <u>2024</u> & <u>Friday</u>, <u>November 29</u>, <u>2024</u>.

The Housing Authority Staff and Board of Commissioners would like to wish all of our residents a Happy & Healthy Thanksgiving!



Patrons may receive 1 complete package per month. Accounts must be up-to-date and current.

Patrons would be able to receive smaller packages – produce and bakery (and possibly surplus item) – the other weeks of the month, one time per week.

We also offer drive-thru for complete food packages only for people 60+ or those who have had staff approval.

The drive-thru is open Wednesdays and Thursdays from 10:00am-12:00pm for people 60+ or by staff referral.

### **Mobile Food Pantry:**

Everyone in each of the high-rises qualifies for this free service.

You will need to wait in line. No one will be entering the WA-FER Mobile at this time. Everyone will get a choice of dairy, meats, produce, bakery, and a pre-packaged food box. There will be staff and volunteers to help lift items into carts. Residents can use the building shopping carts to bring items up to their apartment; however, please clean and return the cart immediately for the next person to use.

**PLEASE** be patient, kind, and respectful of others while waiting your turn.

EVERYONE needs to provide their picture ID, and all new residents need to bring a copy of their lease or a bill/statement with their current address listed on it.

From 9:00am to 11:00am the Mobile Pantry will be parking in the <u>front</u> of each high-rise:

Forest Park on November 6 (1st Wednesday)
Becker Plaza on November 12 (2nd Tuesday)

**Solberg Heights on November 13** (2nd Wednesday)

Stokke Tower on November 19 (3rd Tuesday)

Sauber Manor on November 20 (3rd Wednesday)

Ping Manor on November 21 (3rd Thursday)

**Stoffel Court on November 26** (4th Tuesday)

The Mobile Pantry stays the full two hours; therefore, do not feel you need to get down there right away. They will have plenty of food for everyone.

Feel free to check their website for the most current information: waferlacrosse.org

### **REACH Services and Resource Center**

The REACH Center is a place where multiple agencies can assist with housing navigation, homeless prevention, mental/AODA support, healthcare, and violence prevention and support in one centralized location.

#### **Hours**:

Monday & Wednesday: 8:00am-2:30pm Tuesday & Thursday: 8:00am-4:00pm Friday: CLOSED 212 11th Street South, La Crosse, WI 54601 608-781-2783, ext. 200 info@reachcenterlacrosse.org

## UW-La Crosse Recreational Therapy Students

Modality Preceptorship in Recreational Therapy I Students
Ping Manor





**Forest Park** 





The students will be planning, organizing and leading the following activities at **Forest Park** and **Ping Manor** on **Mondays** from **2:45pm-3:45pm** in the **community room**. Everyone is welcome! If you are from one of the other highrises but want to join, please call the Housing Office at 608-782-2264 dial ext. 237 for Stephanie or ext. 235 for Fawn.

#### November 4

Forest Park: Strength and Smiles

Ping Manor: Power Hour

#### November 11

Forest Park: Physical Activity Ping Manor: Physical Activity

#### November 18

Forest Park: Dancing Through the Decades

Ping Manor: Physical Activity

#### November 25

Forest Park: Emotional Expression Ping Manor: Emotional Expression

## UW- La Crosse Occupational Therapy Students (Development Project)

The University of Wisconsin - La Crosse Occupational Therapy students assigned to Stokke Tower were able to meet several residents last month and had them complete a survey. The students will start planning, organizing and leading wellness programs based on the



needs/requests of the residents this spring. The students are focusing on the residents of <u>Stokke Tower</u>; however, residents from other high-rises are welcome to join the future activities.

Information flyers will be posted in a timely fashion.

## Alarms, Severe Weather and Means of Egress

The La Crosse Fire Department and the Housing Authority of the City of La Crosse encourage you to do the following:

When the Fire Alarm Sounds:

Touch your door to see if it is hot or see if smoke is coming under your door.

- If the response is <u>YES</u>:
  - o Stay in your apartment (shelter in place) and keep your door closed.
  - o Roll up a damp towel and place it at the bottom of your apartment door to keep out the smoke.
  - o Call 911- (Let them know the emergency, your name, address, and apartment number)
  - o Wait for further instructions from the Fire Department.
- If the response is **NO**:
  - o If you <u>are able</u>, get out of the building as safely as possible.
  - o If you are **unable**, stay in your apartment (shelter in place).
  - o Call 911- (Let them know the emergency, your name, address, and apartment number)
  - o If smoke starts coming under your door, roll up a damp towel and place it at the bottom of door to keep more smoke coming into your apartment.
- o Wait for further instructions from the Fire Department. \*\*Pet Owners- You have permission to bring your pet with you; however, remember if the emergency happens too fast your life comes first, and the fire department will rescue your pet.

## When there is a Severe Weather Warning or the City Siren Sounds:

Residents are encouraged to go into their bathroom (if there is no window) or go into the nearest stairwell.

## <u>Means of Egress</u>: (Building Entrances, Doorways, Hallways & Stairwells)

As a requirement of the La Crosse Fire Department, all means of egress must always be free of any objects (bikes, electric scooters, planters, rugs, wheelchairs etc.).

Are you feeling isolated and controlled by a loved one? Do you feel like no one will understand?

Help is available - Free and Confidential (608) 791-2600
Any time, any day. Someone is



advocating against domestic & sexual abuse

# Great Rivers 2-1-1 Get Connected. Get Help.

Great Rivers 2-1-1 offers free, confidential community information and referrals 24 hours/day. Dial 2-1-1 or (800) 362-8255 to talk to an information and referral specialist.

We also offer a Crisis Hotline 24/7. Dial 2-1-1 or (800) 362-8255 to talk to a crisis specialist.

## 12-1-1 or **2·1·1** ist.

### **Catholic Communion**

Becker Plaza (Library)

here to listen.

Friday, November 1 (1st Friday) at 9:15am



#### **State of Wisconsin "SENIOR Stockbox" Program:**

For those who signed up for a "Senior Stockbox," the Hunger Task Force will be delivering your box to your apartment on the following Mondays and times. You must show your ID and sign for your box. The Hunger Task Force may call your apartment to be let in so please buzz them in.

#### Estimated delivery dates and times at all seven high-rises: Monday, November 4 (1st Monday):

10:00am-12:00pm- Becker Plaza and Stoffel Court

#### Monday, November 11 (2nd Monday):

10:00am-12:00pm- Solberg Heights and Stokke Tower

#### Monday, November 18 (3rd Monday):

10:00am-12:00pm- Forest Park and Ping Manor

#### Monday, November 25 (4th Monday):

9:00am-10:00am- Sauber Manor

If you are 60 years of age or older, your monthly income must fall below these levels:

1 person household: \$1,632 or 2-person household: \$2,215. Call to sign up at **608-793-1002**.

## **Notice Regarding Moving Vehicles** from Parking Lot for Snow Removal

The Housing Authority will plow when there is 2 inches or more of snow. Usually lots are plowed in the morning. PLEASE **DO NOT** move your vehicle from your assigned spot **UNTIL INFORMED BY MAINTENANCE STAFF** via posting.

#### **Important reminders:**

- ■If you do not drive your vehicle during the winter, it should be stored elsewhere.
- Tou are responsible for moving your vehicle when informed by staff via posting. If you are away from your apartment, you should always make arrangements with someone for moving your vehicle.
- Housing Authority staff <u>will not</u> move your vehicle <u>or</u> shovel between cars.
- Vehicles **not moved** will be **ticketed** and **towed** at your expense.
- Please stay <u>FAR</u> away from the snowplow to avoid accidents from happening.

Any questions, please call the Housing Authority Office at 608-782-2264.

Residents
Plowing will take place on:
Around: Thanks for your cooperation, LHA Management.

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		Bingo 6-7pm Thanksoiving Day	Coffee Hour 10-11am	Penny Bingo zpm	Becker Plaza Cards & Games 3:30pm	
8-9:30am	Dominoes 6pm	Sauber Manor	Forest Park	Ping Manor	Activity 2:45-3:45pm	
Becker Plaza Coffee Social	<b>Forest Park</b> Coffee Hour 10-11am	<b>Forest Park</b> Coffee Hour 10-11am	Coffee Social 8-9:30am	Dominoes 6pm	Forest Park & Ping Manor **UW-L RT Student	
30	29	28 Becker Plaza Coffee Social 8-9:30am	27 Becker Plaza	26 Forest Park	25 Forest Park Coffee Hour 10-11am	24
		Sauber Manor Bingo 6-7pm	Convenion to main	1:30pm-3:30pm	Becker Plaza Cards & Games 3:30pm	
8-9:30am	Coffee Hour 10-11am Dominoes 6pm	Forest Park Coffee Hour 10-11am	Forest Park	Becker Plaza **Karaoke	**UW-L RT Student Activity 2:45-3:45pm	
23  Becker Plaza  Coffee Social	22 Forest Park	21  Becker Plaza  Coffee Social 8-9:30am	20  Becker Plaza  Coffee Social 8-9:30am	19 Forest Park Coffee Hour 10-11am Dominoes 6pm	18 Forest Park Coffee Hour 10-11am Forest Park & Pino Manor	17
8-9:30am	**Crafts 2pm	Sauber Manor Bingo 6-7pm	Solberg Heights **Music w/Joe Cody 2:30pm	Ping Manor Penny Bingo 2pm	Activity 2:45-3:45pm  Becker Plaza  Cards & Games 3:30pm	
Becker Plaza Coffee Social	Dominoes 6pm Stokke Tower	Forest Park Coffee Hour 10-11am	Forest Park Coffee Hour 10-11am	Coff I	**Bingo 1pm Forest Park & Ping Manor  **HWLL RT Student	
16	15 Forest Park Coffee Hour 10-11am	14 Becker Plaza Coffee Social 8-9:30am	13 Becker Plaza Coffee Social 8-9:30am	12 Forest Park	11 Forest Park Coffee Hour 10-11am Stoffel Court	10
8-9:30am	**Pie & Ice Cream Social 2pm	Sauber Manor Bingo 6-7pm	<b>Forest Park</b> Coffee Hour 10-11am	Dominoes opm	Becker Plaza Cards & Games 3:30pm	
Becker Plaza Coffee Social	Dominoes 6pm Sauber Manor	Forest Park Coffee Hour 10-11am	Coffee Social 8-9:30am	Cof	Forest Park & Ping Manor **UW-L RT Student Activity 2:45-3:45pm	
9	8 Forest Park Coffee Hour 10-11am	7  Becker Plaza  Coffee Social 8-9:30am	6 **Mall of America	5	4 Forest Park Coffee Hour 10-11am	3
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<b>Becker Plaza</b> Coffee Social	Forest Park Coffee Hour 10-11am Dominoes 6pm	** Means with the Resident Services Department.		mbe	November	
SATURDAY 2	FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY	SUNDAY