



# May 2025 High-Rise to High-Rise Neighbor to Neighbor Newsletter

Lobby Hours: 9:00am-12:00pm and 12:30pm-3:00pm CST

Phone: 608.782.2264 • Fax: 608.782.2262

Address: 1307 Badger Street

Email: [info@lacrossehousing.org](mailto:info@lacrossehousing.org)

Website: [www.lacrossehousing.org](http://www.lacrossehousing.org)

*\*\*Residents can submit NON-EMERGENCY  
maintenance requests on the website.*

## Regulation changes set to go into effect July 1, 2025, for certain pro- visions of the new HOTMA rule.

HUD has issued guidance to public housing agencies on compliance with the Housing Opportunity Through Modernization Act (HOTMA) Sections 102 and 104 regulation changes. As you are aware, some changes have already been implemented by our Housing Authority (i.e., Ceased Enrollment into Earned Income Disregard, Use of form HUD-9886-A, and NSPIRE inspections) as required. However, effective July 1, 2025 provisions to the following regulations will go into effect: Income Exclusions, Definitions, and De Minimis Errors. These HOTMA changes will improve fairness and flexibility in housing assistance programs. More information to come in the near future.

## FREE HEALTH SCREENINGS (Brain Checks and Balance Screenings)

The Housing Authority would like to thank the Aging and Disability Resource Center (ADRC) of La Crosse County and UW-La Crosse Physical Program for offering FREE Health Screening at Becker Plaza, Solberg Heights, and Sauber Manor last month and in March.

## Upcoming Motor Coach Trips

Oxbow Park & Zollman Zoo in Byron, MN

Friday, May 9, 2025

Wisconsin Dells (Outlets at the Dells and/or downtown)

Thursday, June 5, 2025

Olbrich Botanical Gardens in Madison, WI

Monday, July 21, 2025

For more information or to sign up, call the Housing Office at 608-782-2264, dial ext. 237 for Stephanie or ext. 235 for Fawn. Family & Friends are welcome to join you.

## EMERGENCY MAINTENANCE

Monday-Thursday after 3:00pm

Weekends (Friday 3:00pm - Monday 6:30am) & Holidays

Call: 1-855-895-4473

**Locked Out?** If you are locked out of your apartment, please be aware that staff are required to confirm you are the resident of the unit prior to unlocking the door. A photo ID is the best means of proof. Please understand this is for everyone's safety.

No one will be working in the Housing Authority Office on Monday, May 26, 2024 (Memorial Day).

## Solberg Heights Re-Evaluations will be IN PERSON

All Solberg Heights residents have been scheduled for a morning appointment time. The re-evaluation will take place in person in the community room on May 12-15, 2025. Please be patient and wait your turn.

- Letters will be slid under everyone's door prior to May 1, 2025.
- You are required to supply all verification of income, assets, and medical expenses.
- Provide all/any letters you have received from Social Security, Pension, Annuity, IRA's, concerning your benefit amount and/or insurance premium deducted from your monthly benefit.
- Provide 2 most recent checking account statements, 1 most recent savings account statement, CD, or other asset account statements, Chime, PayPal, Cash App, Direct Express, Green Dot or any other banking app, any other on-line accounts, over-the-counter medication with doctor's note, 2025 pet license & rabies certificate. A more detailed listing is on the backside of the letter you will receive.
- Medical insurance premiums and other medical expense information – you need to provide.
- If you fail to complete your re-evaluation, please be advised that this is your notification that your rent will increase to \$912.00 per month effective September 1, 2025.
- Read your annual recertification notice carefully! All residents must be seen at annual recertification time - regardless of when you moved in!

Feel free to call Nicole Hebel at 608-782-2264, ext. 225, with any questions.

## Community Partnership with WTC Occupational Therapy Assistant Program

The Housing Authority would like to thank Stephanie A., OTR - Program Director/Instructor for another great collaboration. The students did a great job, planning, organizing, and leading four different activities (Just Dance, Snack & Trivia, Yard Games and Easter Crafts) at Solberg Heights this semester.



## Annual Home Inspections

**Solberg Heights: May 6-8, 2025**

Notices were posted on each floor, and everyone was given a copy. Please note we will be testing the emergency pull cords in each apartment (be prepared for the noise). If you are not home, entry will be made, and a notice will be left for you.

# UW-La Crosse Recreational Therapy Students

## Modality Preceptorship in Recreational Therapy I

The students will be holding their activities at **Ping Manor** (Community Room) on **Monday, May 5, 2025, from 2:30pm-3:30pm**

### "Guessing Games"

Dust off your acting and drawing skills with us by competing in team Charades and Pictionary!

We would like to thank Lindsey K. Ph.D., CTRS - Assistant Teaching Professor, Ryann B., Graduate Student, and the students for offering a variety of activities at Ping Manor this semester. The students did a terrific job!



## DOOR SLAMMING

We are hoping everyone who lives in the high-rises can be a bit more mindful when shutting their apartment door or stairwell door. Please hang onto the handle so it doesn't slam shut and make a loud noise. *Thank you for being considerate of your neighbors.*

## MOTHER'S DAY

Sunday, May 11, 2025



## ARMED FORCES DAY

Saturday, May 17, 2025

## Do you know the difference between Severe Weather Watches & Warnings?

**Watch** - Conditions are favorable for the severe weather event in or near the watch area. When a watch is announced, stay alert and be ready to take action.

**Warning** - Severe weather events are imminent or occurring in the warned area. Seek shelter and get to a safe place.

## MEMORIAL DAY

Monday, May 26, 2025

## Religion

**Catholic Communion:** Becker Plaza (Library)  
Friday, May 2, at 9:15am

**Bible Study:** Forest Park (Community Room)  
Monday, May 5, 12, 19, & 26 at 5:00pm

**All Housing Authority properties (buildings/grounds/parking lots) are "No Smoking Areas."**



Patrons may receive 1 complete package per month. Accounts must be up-to-date and current.

Patrons would be able to receive smaller packages – produce and bakery (and possibly surplus items) – the other weeks of the month, one time per week.

We also offer drive-thru for complete food packages only for people 60+ or those who have had staff approval.

The drive-thru is open Wednesdays and Thursdays from 10:00am-12:00pm for people 60+ or by staff referral.

### Mobile Food Pantry:

All Housing Authority residents qualify for this free service.

You will need to wait in line. No one will be entering the WAFER Mobile at this time. Everyone will get a choice of dairy, meats, produce, bakery, and a pre-packaged food box. There will be staff and volunteers to help lift items into carts. High-Rise residents can use the building shopping carts to bring items up to their apartment; however, please clean and return the cart immediately for the next person to use. Neighborhood residents are encouraged to park near the mobile pantry or bring a cart or wagon to get the food back to your home.

**PLEASE** be patient, kind, and respectful of others while waiting your turn.

*EVERYONE needs to provide their picture ID, and all new residents need to bring a copy of their lease or a bill/statement with their current address listed on it.*

The WAFER Mobile Pantry parks in the front of each high-rise from 9:00am-11:00am.

**Forest Park on May 7** (1st Wednesday)

**Huber Homes on May 8** (2nd Thursday) 10:30am-11:30am (Corner of Gladys Street)

**Becker Plaza on May 13** (2nd Tuesday)

**Solberg Heights on May 14** (2nd Wednesday)

**Ping Manor on May 15** (3rd Thursday)

**Stokke Tower on May 20** (3rd Tuesday)

**Sauber Manor on May 21** (3rd Wednesday)

**Schuh/Mullen on May 22** (4th Thursday)

11:00am-12:00pm (St. James St. across from Boys & Girls Club)

**Stoffel Court on May 27** (4th Tuesday)

**Grover Estates residents are welcome to come to any of the locations once a month.**

The Mobile Pantry stays the full scheduled time; therefore, do not feel you need to get there right away. They will have plenty of food for everyone. If you have any questions, please call Tony Meyers at 608-782-6003 or email him at [wafermobile@waferlacrosse.org](mailto:wafermobile@waferlacrosse.org).

*Feel free to check their website for the most current information: [waferlacrosse.org](http://waferlacrosse.org).*

## Use of Dwelling

Dwellings may be used for living purposes only.

**Q:** What is the difference between “working from home” and “working out of my home”?

**A:** Working from home usually means you are an employee of a company, performing your job duties remotely from your residence.

Working out of your home typically means you are running your own business from your residence—this makes you both the employer and employee. The business operates primarily from your home. If you are being paid directly by clients or companies for your services, and you are not on their payroll.

**Example:** Childcare or Respite care

## FARMER'S MARKET VOUCHER PROGRAM

The Senior Farmer's Market Nutrition Program, coordinated locally by the Aging & Disability Resource Center (ADRC) of La Crosse County, provides low-income seniors with \$25.00 vouchers to purchase fresh grown fruits & vegetables from local participating Farmers Markets. This year, vouchers will be distributed at various locations (see below), including the ADRC, or individuals may call the ADRC at 608-785-5700 after May 15th to request a form to be mailed.

Eligible participants must live in La Crosse County, be 60 years of age or older (native Americans, 55 years of age or older) and at or below a monthly income of \$2,413 if single: \$3,264 for couples.

Because there are a limited number of vouchers, the program is first-come, first-serve and processed in the order received. Please be advised there may be a wait at time of distribution. If requested by phone and form is received and completed, vouchers will be mailed after June 1st, or within two weeks of paperwork completion. Eligible participants may also sign a permission slip to allow another person to pick up.

**Stokke Tower** (421 6th St. S.)

Monday, June 2, 10:30am-11:30am

**Forest Park** (1230 Badger St.)

Monday, June 9, 10:30am-11:30am

**Sauber Manor** (1025 Liberty St.)

Wednesday, June 11, 10:30am-11:30am

**La Crosse Public Library** (800 Main St.)

Wednesday, June 18, 10:30am-12:30pm

**Aging & Disability Resource Center (ADRC)** 300 North 4th Street, La Crosse, 1st Floor

Daily (8:00am-4:30pm) beginning on Monday, June 2

**DO NOT REMOVE  
SMOKE DETECTORS**



**The Hunger Task Force is overseeing the sign-up and delivery of the State of Wisconsin “SENIOR Stockboxes.”**

For those who signed up for a “Senior Stockbox,” the Hunger Task Force will be delivering your box to your apartment. You must show your ID and sign for your box. The Hunger Task Force may call your apartment to be let in so please buzz them in.

**Estimated deliveries are between 9:30am-12:00pm at all seven high-rises and family unit deliveries are added to a community schedule:**

**Monday, May 5 (1st Monday):**

Becker Plaza and Stoffel Court

**Monday, May 12 (2nd Monday):**

Solberg Heights and Stokke Tower

**Monday, May 19 (3rd Monday):**

Forest Park and Ping Manor

**Tuesday, May 27 (Tuesday- due to Memorial Day on 4th Monday):** Sauber Manor

If you are (60+), live in any of our **family units** or **high-rises**, your monthly income falls below these levels: 1 person household: \$1,957 or 2-person household: \$2,644 and are interested, please call to sign up at 608-793-1002.

**Kane Street Community Garden:**

The Hunger Task Force invites residents from our high-rises to volunteer at The Kane Street Community Garden starting March 15th. Spring volunteer hours are Monday-Friday 8 am to 3 pm and Saturday 8 am to 1 pm.

The garden is located on the corner of Kane and St. James on the north side of La Crosse close to Goose Green Park. If you have any questions about the garden, feel free to call The Hunger Task Force Office at 608-793-1002 or Cell Phone at 608-386-3319.

## Great Rivers 2-1-1 Get Connected. Get Help.

Great Rivers 2-1-1 offers free, confidential community information and referrals 24 hours/day. Dial 2-1-1 or (800) 362-8255 to talk to an information and referral specialist. We also offer a Crisis Hotline 24/7. Dial 2-1-1 or (800) 362-8255 to talk to a crisis specialist.

**2-1-1**

**Are you feeling isolated and controlled by a loved one?  
Do you feel like no one will understand?**

**Help is available - Free and Confidential (608) 791-2600.**

**Any time, any day. Someone is here to listen.**



**new  
horizons**  
SHELTER & OUTREACH CENTERS

advocating against domestic & sexual abuse

## (NSPIRE) Inspection Process

NSPIRE is going to change the way the Housing Authority needs to complete the annual inspections and re-inspections. NSPIRE really focuses on cleanliness and space in each apartment. It is highly recommended to pre-inspect your unit and report any deficiencies so they can be repaired prior to the inspection. If you see items in your unit that may be flagged for an inspection, call the office at 608-782-2264, ext. 221, to put in a work order.

### These can include:

- Broken or missing smoke alarms
- Missing or cracked electrical outlets or switch covers
- Lights or fans not working properly
- Doors off hinges or not opening/closing as designed
- Leaking or dripping faucets
- Toilet running or clogged
- Clogged drains
- Fridge or freezer not sealing properly

### Important items in preparation for your NSPIRE inspection:

- Window Egress - Nothing can be blocking the actual windows
- Items need to be at least 3 inches away from heat registers
- All windows and doors need to open, close, and latch properly
- Nothing can be covering the breaker box
- Need to have a minimum of 36 inches walking area in each room
- Pull Cords (if applicable) need to be hanging down and must almost touch the floor
- Kitchen counter and sink need to be clean
- Oven and Stovetop need to be clean and flammable items are not allowed on the stove top or in the oven
- Bathroom sink, toilet, shower/tub need to be clean
- All floors must be clean (mopped and/or vacuumed)
- While you are free to utilize your space as you see fit, overall we suggest using furniture and surfaces for their intended purpose in order to reduce clutter and potential health and safety issues.

**We will keep everyone informed when more information becomes available.**

## Next Month: Annual Home Inspections at Becker Plaza

**June 10-12, 2025**

Notices will be posted on each floor, and everyone will be given a copy. Please note we will be testing the emergency pull cords in each apartment (be prepared for the noise). If you are not home, entry will be made, and a notice will be left for you.

## REACH Services and Resource Center

The REACH Center is a place where multiple agencies can assist with housing navigation, homeless prevention, mental/AODA support, healthcare, and violence prevention and support in one centralized location. **\*\*There is a Community Health Worker on staff.\*\***

### Hours

Monday & Wednesday: 8:00am-2:30pm

Tuesday & Thursday: 8:00am-4:00pm

Friday: CLOSED

212 11th Street South La Crosse, WI 54601

608-781-2783

[Reachcenterlacrosse.org](http://Reachcenterlacrosse.org)

[info@reachcenterlacrosse.org](mailto:info@reachcenterlacrosse.org)

## Becker Plaza Re-Evaluations will be IN PERSON next month

All **Becker Plaza** residents will be scheduled for a morning appointment time. The re-evaluation will take place **in person** in the **library**, the week of June 9, 2025. Please be patient and wait your turn

- Letters will be slid under everyone's door prior to May 30, 2025.
- You are required to supply all verification of income, assets, and medical expenses.
- Provide all/any letters you have received from Social Security, Pension, Annuity, IRA's, concerning your benefit amount and/or insurance premium deducted from your monthly benefit.
- Provide 2 most recent checking account statements, 1 most recent savings account statement, CD, or other asset account statements, Chime, PayPal, Cash App, Direct Express, Green Dot or any other banking app, any other online accounts, over-the-counter medication with doctor's note, 2025 pet license & rabies certificate. A more detailed listing is on the backside of the letter you will receive.
- Medical insurance premiums and other medical expense information – you need to provide.
- If you fail to complete your re-evaluation, please be advised that this is your notification that your rent will increase to \$912.00 per month effective September 1, 2025.
- Read your annual recertification notice carefully! All residents must be seen at annual recertification time - regardless of when you moved in!

**Feel free to call Nicole Hebel at 608-782-2264, ext. 225, with any questions.**

# Family Units Information ONLY

## Boys & Girls Clubs located in Huber Homes and Schuh/Mullen Homes

Clubs are currently open 3:00pm-6:00pm, Monday-Friday. K-12 are eligible to attend if registered. *On Monday, May 26th due to "Memorial Day" there is no school and the clubs will be closed.*

### Huber Homes Community Center:

If you have any questions regarding the BGC, please call Cassidy Murphy at 608-784-6065 or email [cassidy.murphy@bgclax.org](mailto:cassidy.murphy@bgclax.org).

Parent Café will be on May 1 (first Thursday) from 5:00pm-6:30pm and will be led by The Parenting Place and Neighborhood Night will be on May 15 (3rd Thursday) from 5:00pm-6:30pm. If you have questions about Neighborhood Night or Parent Cafe, please contact Andy Kiel at 608-789-8956 or email [akiel@lacrossesd.org](mailto:akiel@lacrossesd.org) or Sheng Vang at 608-386-4420 or email [shvang@lacrossecounty.org](mailto:shvang@lacrossecounty.org).

### Schuh/Mullen Community Center:

If you have any questions regarding the BGC, please call Megan Quintero at 608-784-6073 or email [megan.quintero@bgclax.org](mailto:megan.quintero@bgclax.org).

The Neighborhood Night will be on May 8 (2nd Thursday) from 5:30pm-7:00pm and the Parent Café led by the Parenting Place will be on May 13 (2nd Tuesday) from 5:30pm-7:00pm. If you have questions about Neighborhood Night or Parent Cafe, please contact Andy Kiel at 608-789-8956 or email [akiel@lacrossesd.org](mailto:akiel@lacrossesd.org) or Deb Dobrunz at 608-792-1738 or email [ddobrunz@lacrossecounty.org](mailto:ddobrunz@lacrossecounty.org).

## Lawn Mowing

Residents who live in Grover Estates, Huber Homes, and Schuh Homes are responsible for mowing their lawn. If management has to mow your lawn, you will be charged a fee of \$60.00.

### Example:

If your kids leave their soccer ball and bikes scattered on the front lawn and you have not mowed the grass in two weeks, you may receive a notice and/or be charged \$60.00.

LHA PROPERTY IS NOT ELIGIBLE FOR THE  
OPTIONAL CITY "NO MOW MAY" PROGRAM.

## Metal Roof Project

on John Flynn Drive is still in process.

## REFUSE & RECYCLING

The lid on the cart needs to be closed as designed. If your cart is overflowing, it might not be emptied by Harter's.



Your household refuse is picked up every week. Recycling is collected every other week.

### Refuse (garbage) collection dates:

Schuh Homes & Grover Estates: Mondays

Alberts House I & II: Tuesdays

Huber Homes: Fridays

### Recycling collection dates:

Schuh Homes: Monday, May 5 & 19

Huber Homes: Friday, May 9 & 23

Grover Estates: Monday, May 12 & Tuesday, May 27

(No collection on May 26 - Holiday)

Alberts House I & II: Tuesday, May 13 & 27

**REMINDER:** Carts should NOT be placed out for collection more than 12 hours before collection and must be removed from the street within 24 hours after the trash/recycling collection. Also...please keep trash picked up and put in correct bins. Empty boxes can be hazardous when there are high winds.

\*\*\*\*\*



**HILLTOPPER**  
REFUSE & RECYCLING  
SERVICE INC.

### Mullen Homes

Please dispose of your recycling & refuse properly in the dumpster areas. (Look for visual aids on each dumpster).

**Dumpster areas:** 1300 St. James St., 802 Winneshiek Rd., 854 Winneshiek Rd.

If you would like a copy of the 2025 Recycler, feel free to call the Housing Office at 608-782-2264 to request one or visit [www.lacrossecounty.org/solidwaste](http://www.lacrossecounty.org/solidwaste).

# Family Units Information ONLY



La Crosse Area  
**Family Collaborative**  
Empowered Families. Thriving Neighborhoods.

A La Crosse Area Family Collaborative staff member is in the Schuh/Mullen and Huber Homes Community Centers and is there as a resource for you and your household. The La Crosse Area Family Collaborative staff can help with:

- Parenting or family supports
- Mental health connections
- Healthcare navigation
- Barriers to transportation, employment, or childcare
- Housing concerns
- Basic needs such as food, clothing, or household items
- Adult or child educational supports and opportunities
- Support and advocacy
- General neighborhood concerns or suggestions
- Info about events at the Community Center

**Schuh/Mullen Homes: Deb Dobrunz,**  
ddobrunz@lacrossecounty.org (608)792-1738

**Huber Homes: Sheng Vang,**  
shvang@lacrossecounty.org (608)386-4420

## Western Technical College

Learner Support and Transition  
Student Success Center, Room S100  
400 7th Street North, La Crosse WI, 54601

### Free Learning Opportunities Offered

- **HSED/GED-** Earn your high school diploma
- **English Language Learner Classes-** Learn English as a second language
- **College Prep and Transition-** Get support before starting or while taking classes
- **Project Proven-** Offers support for justice involved individuals
- **Clubs-** Participate in Job Club, Rec Club, Wellness Club & Tech Club

For information call or email:  
608-785-935 or 608-789-6029  
[learnersupport@westernnc.edu](mailto:learnersupport@westernnc.edu)



Head Start is a free Federal and State funded, private, non-profit educational organization serving pregnant mothers, 1-5 year-old children, and their families within our communities.

Head Start helps children and families succeed. Services offered to meet the needs of all children, including children with disabilities. Our typical school year runs mid-August through May. Our Early Head Start program runs year-round.

Use the link to enroll today:  
<https://headstartcouleeregion.com/enrollment>

### Local Head Start Locations

#### **La Crosse Central Center**

333 Buchner Place, La Crosse, WI 54603  
Phone: (608)785-2070, ext. 2

#### **Margaret Annett Center**

1321 St. James Street, La Crosse, WI 54603  
Phone: (608)785-2070, ext. 3

### Employment

All applicants must complete our employment application. All employment applications will be kept on file for one year.

Use the link to apply today:  
<https://headstartcouleeregion.com/employment>

## **Curb Appeal**

Residents are responsible for keeping their yards clean and well-maintained. All personal items- such as toys, bicycles, lawn chairs, yard tools, etc. must be stored neatly. Do not leave items on the sidewalk as it creates a safety hazard for others.

## **Lots of fun coming soon.**

The Y ON THE FLY vehicle and staff will be in the neighborhood by the community centers from 2:00pm-3:30pm

**Schuh Homes/Mullen Homes** - Sunday, May 11, 2025

**Huber Homes** - Sunday, May 18, 2025







# **The MTU ADA Advisory Committee is looking for MORE MEMBERS!**

The ADA Advisory Committee is a group of people who have a disability, use the MTU bus system and want to help MTU make sure its passengers with disabilities have an excellent experience while using the bus.

Some of the functions of the committee include but are not limited to the following items as they affect persons with disabilities: MTU Paratransit, MTU reports, programs and performance of the fixed route service.

Currently, the committee meets on the second Tuesday of every other month (January, March, May, July, September, November) from 5:30 to 6:30 p.m. in person and online.

If you are interested in serving on this committee, please contact

**Tim Koterwski**, Operations Manager and ADA Coordinator,  
La Crosse MTU  
608-789-7350 OR [KoterwskiT@cityoflacrosse.org](mailto:KoterwskiT@cityoflacrosse.org)





# Bus Trip to Wisconsin Dells

(Outlet in the Dells and/or Downtown)

*\*\*LHA residents account must be in good standing to participate. \*\**



**Date: Thursday, June 5, 2025**

**Time: 8:00am** - Ready Bus Line will begin picking up residents and guests. We must have 30 residents and/or guests signed up and paid by Friday, May 30, 2025, at noon, or the trip will be cancelled.

We reserved an accessible motor coach which can hold two wheelchairs. Just a reminder these spots are for wheelchair bound residents. You may get on a backup list in case a spot becomes available.

**Cost: \$28.00 per person** (Includes: motor coach transportation by Ready Bus Line, bottled water, and opportunity to win a door prize) **No refunds unless medically excused.**

## Tentative Schedule:

\*First stop is the Outlet Mall for those who want to get off to shop then go downtown. The bus will come back for the Outlet Mall shoppers, at a designated time, so they will also have time to spend downtown.

**3:30pm-** Load bus and drive directly back to La Crosse.

*(Plan to have ALL residents/guests unloaded by 6:30pm)*

Call the Housing Authority at 608-782-2264 to sign up- dial 237 for Stephanie or dial 235 for Fawn. You will need to pay Resident Services prior to the trip. (Make checks payable to the Housing Authority Rec. Fund).

**When you call to sign up, please let us know if you plan to go to the Outlet Mall and/or Downtown.**

